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THE RIVER WEEKLY NEWS

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Vol. 16, No. 44

From the Beaches to the River District downtown Fort Myers

NOVEMBER 3, 2017



Valley of Horses by Pam Flaherty

Artist's Works Reveal Life, Death And Rebirth

Fort Myers Beach Art Association and Gallery (FMBAA) will host an opening reception for artist Pam Flaherty's solo exhibit in Studio 2 on Saturday, November 4 from 4 to 6 p.m. Works will remain on view through Thursday, November 16.

Flaherty combines poetry written long ago with contemporary visual works, paying tribute to John A "Lex" ander Allen, a supportive professor at Hollins University who taught her about the myth and folktale concepts using the language of her dreams during a turbulent time. This exhibit is about resilience, kindness and growth, when the class notes about "life, death, rebirth" finally made sense.

Flaherty combines elements of her
continued on page 18

image provided

Taste Of The Town This Sunday

Sixteen restaurants will participate in the 35th annual Taste of the Town at the Alliance for the Arts on Sunday, November 5 from 11 a.m. to 5 p.m. Proceeds from the signature fundraiser for the Junior League of Fort Myers (JLFM) will benefit the volunteer mission of the 50-plus-year-old service and leadership organization for women.

The restaurants, which will compete for awards and bragging rights, include The Beached Whale, Blue Moon Pizza, Bonefish Grill, The No. 1 Currywurst Truck of Cape Coral, Doc Ford's Rum Bar & Grille, Dixie Fish House, Famous Dave's, Hooters, Kona Ice, Lee Virtual School, Love Boat Ice Cream, Matanzas on the Bay, The Melting Pot, Ruth's Chris Steak House, Shift Coffee Bar and Tijuana Flats. Each year, restaurants provide "tastes" of their best dishes at low prices to showcase their food to the public.

"We are thrilled to be hosting our 35th annual Taste of the Town at Alliance for the Arts this fall," said Laura Richardson, returning committee chair for the event. "Returning to the Alliance feels wonderful, and we are looking so forward to partnering with them and to another fabulous year."

For more information, call 277-1197 or visit www.jlfm.org. For updates on Taste of the Town, visit www.jlfmtaste.com.



Restaurants will serve some of their signature dishes for a chance to win awards

photo provided

World-Renowned Pianist Coming To Shell Point

Shell Point Retirement Community is kicking off the Concerts & Conversations program of its 2017-18 Concert Series with a performance by pianist Thomas Pandolfi at 7 p.m. on Thursday, November 9 at the Grand Cypress Room at The Woodlands at Shell Point.

As part of the program, there will be fellowship and a dessert reception with Pandolfi following the concert.

An American pianist, Pandolfi is a virtuoso appreciated by audiences worldwide. Known for his passionate artistry and technique, his orchestral masterpieces often feature beloved masterpieces by Tchaikovsky, Rachmaninov and Liszt.

Pandolfi's musical career includes past performances with European orchestras such as the George Enescu Philharmonic and the Cluj Philharmonic of the Republic of Moldova. He has also performed with American symphony orchestras throughout the country. Pandolfi is a graduate of The Juilliard



Thomas Pandolfi

photo provided

School in New York, where he earned both his bachelor's and master's degrees as a scholarship student.

The concert is open to the public, with tickets available for purchase online at www.shellpoint.org/concerts or by phone at 454-2067.



SoCo October "wish flags" in the art loft

photo provided

Art Crawl Returns Next Weekend

The first year of the Art Crawl in the SoCo Cultural District was celebrated last month and will con-

tinue on Saturday, November 11 from 6 to 10 p.m.

The SoCo map, which includes all of the night's attractions and the details on how to win a prize by one of the participating SoCo stops, is available at each

continued on page 14

Historic Downtown Fort Myers, Then And Now:

From Parking Lot To Library



by Gerri Reaves, PhD

These two photos taken a mere nine year apart illustrate how the downtown landscape can be quickly erased and rewritten.

Nothing but the new sidewalk and the street lights pictured in the April 2008 photo still exist along that part of First Street.

The scene is the present site of the Fort Myers Regional Library, which opened just over four years ago on the south-west corner of First and Royal Palm Avenue.

In 2008, the Bank of America parking lot occupied much of the space. However, changes were anticipated, as indicated

by the real estate sign by the sidewalk (left).

In the left background stands the First United Methodist Church sanctuary on the corner of Royal Palm (note the steeple upper left). Other church buildings are visible behind the trees and cars.

Although it's difficult to discern, Royal Palm was blocked off in April 2008 because the Downtown Utility Replacement and Streetscape Project was in progress.

The pre-2008 history of this scene seems stable compared to the sweeping changes of the last several years.

The land was part of U.S. Army Fort Myers in both the Seminole War in the 1850s and in the Civil War. In the early pioneer days, a few homes were located on the library site.

In 1913, the Elks Lodge 1288, which had organized only the year before, purchased two adjoining lots and established their first clubhouse in a two-story wood-frame house.



In April 2008, the future library site was a bank parking lot and the First United Methodist Church still stood on the east side of Royal Palm Avenue (left). The new sidewalk indicates that the historic district's streetscaping project is underway.

photos by Gerri Reaves



In only nine years, all but the sidewalk and street lights have changed. The library and plaza are located where the parking lot was, the church has been demolished, and the streetscaping has been completed.

The Elks remained there about a dozen years and then the former clubhouse became the long-running Lawrence A. Powell funeral home until the early 1950s.

That brings the scene into living memory.

A diversity of businesses and the parking lot followed.

The recent photo shows the results of the four-year streetscaping project. The refurbished historic bricks used to resurface the street are just the most visible aspect of a project that also involved the replacement of underground utilities; the upgrading of water, sewer and storm-drain systems; and the finishing touches – benches, bicycle racks, and trash – and dog-waste receptacles.

As for the church, its long steady history ended suddenly.

After a 144-year history, the town's oldest church held the final service in May of last year. Then last spring, all of the church buildings visible in the 2008 photo were demolished.

Walk down to First and Royal Palm and ponder how things can stay the same for so long and then suddenly be engulfed by fast-moving change.

You can learn more about how downtown's landscape has been erased and re-erased over the decades at the following two research centers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society.*

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Nov
2017



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Nov 16 From Baroque to Jazz

at 7:30pm. Enjoy an evening with The Southwest Florida Symphony Orchestra, led by Music Director Nir Kabaretti. Relish in jazz influences from contemporary composer Yaron Gottfried, find delight in Peter Warlock's baroque melodies, and end the concert with familiar folk tunes crafted by Aaron Copeland. **Tickets are \$25, or purchase series tickets for a savings of \$15. Visit shellpoint.org/concerts, or call (239) 454-2067.**

Nov 28 Bach, Broadway and The Art of Escher

at 1pm. Join Shell Point resident and math instructor Dick Brown for this 75-minute presentation illustrating the art of Dutch artist M.C. Escher. It will include visuals and audio from Broadway shows like *Oklahoma*, *Music Man*, and *Guys and Dolls*, and an analysis of Bach, Bartok, and Mozart's fugues and canons. Look into the symmetries of English composer John Tavener's piece, *The Lamb*. **Tickets are \$10,* and may be purchased by calling (239) 489-8472.**



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Esmeralda Beach, Holguin

Nov 16 People to People in Eastern Cuba

at 10am. Kristie Anders, education director for Sanibel Captiva Conservation Foundation, will present a personal tale of friendships and adventures from a hub in the City of Holguin, Cuba. You will be introduced to Cuban-American Rubin Perez, and his family, during Anders' colorful presentation, with a large emphasis on nature. **Tickets are \$10,* and may be purchased by calling (239) 489-8472.**



**If you are unable to attend a class that includes a fee, kindly give 24 hours' notice to receive a refund.*

SHELL POINT
RETIREMENT COMMUNITY

Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation

Visit www.shellpoint.org/events
for full listings of this month's events!

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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Curious George cast, from left, Amy Fenicle, Jayar Garcia, Tommy Short, Avery King, Katie Pankow and Nico Brouillette photo provided

Theater To Show Curious George

Broadway Palm Children's Theatre will present Curious George and the Golden Meatball on November 3, 7, 10, 11, 14, and 17. The play is an adventure-filled musical with everyone's favorite mischievous monkey and his friend in the yellow hat. The production is based on the books by Margret and HA Rey.

The full-scale productions are great for all ages. Most performances begin with a buffet at 10:30 a.m. and show time at 11:30 a.m. For the November 11 show, lunch is at noon and the show is at 1 p.m.

Ticket prices for the buffet and the show are only \$19 for all ages. Group rates are available for parties of 20 or more. Tickets are now on sale and can be reserved by calling 278-4422, by visiting www.BroadwayPalm.com, or by stopping by the box office at 1380 Colonial Boulevard in Fort Myers.✧

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Rock For Equality On November 3



The Young Dead

photo provided

Rock for Equality, a free benefit show that encourages unity among people in Southwest Florida, will take place at Bury Me Brewing Co. and Howl Tattoo & Piercing on Friday, November 3. The action starts at 7 p.m. at Bury Me Brewing, and 8 p.m. at Howl Tattoo & Piercing.

Donations taken at the door will go to SURJ (Showing Up for Racial Justice) SWFL. Art vendors will raffle off items to support Planned Parenthood of Central and Southwest Florida. In addition, local feminist organization Love Your Rebellion (LYR) will be holding a food drive benefiting Harry Chapin Food Bank. Gulf Coast Leisure, LLC will be onsite hosting the open mic at Bury Me, and Curate SWFL will host a live feed featuring interviews with the musicians, organization leaders, and event coordinators.

At Howl Tattoo & Piercing, see the debut of Frankie Colt's new band, Cobress, plus LYR founder's band The Young Dead, alongside of SWFL original artists Bargain Bin Heroes, the Good Bad Kids, Cyborg Danger Field, and Plural Being. The music community is invited to sign up to play at Bury Me during Rock for Equality. The first 20 musicians to sign up will be asked to participate. A special set by the Boyfriends will close out the open mic.

Bury Me Brewing is located at 4224 South Cleveland Avenue in Fort Myers. Howl Gallery Tattoo & Piercing is located at 4160 S Cleveland Avenue in Fort Myers.

For more information, visit www.facebook.com/events/121382758577709/ or email Angela Page at loveyourrebellion@gmail.com.✧

World Wine Tour To Raise Funds

The 10th annual World Wine Tour at Bell Tower Shops will be held on Thursday, November 9 from 6 to 8:30 p.m. and once again benefit Ronald McDonald House Charities of Southwest Florida. Participants will taste domestic and international wines selected by Cru Executive Chef Bob Boye and lite bites from participating Bell Tower Shops restaurants. They will receive a keepsake

wine glass, swag bag and a tasting passport that will guide them all over the world. Soulixer will perform.

Tickets are \$40 per person in advance and \$50 at the gate. Pre-registered guests will have preferred check-in at 5 p.m. VIP tickets are available for \$150 each or \$250 per couple to gain exclusive access to the Vintner's Lounge during the event and a tasting certificate for a five-course pairings dinner presented by Chef Boye to use at your leisure. Tickets are available at www.rmhcswfl.org ✧

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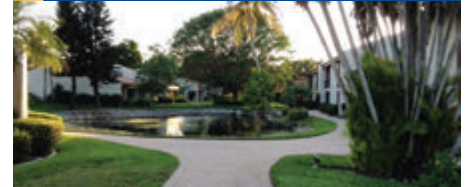

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Fort Myers Art:

Artist Obscures Fact/Fiction Line In San Francisco Exhibition



by Tom Hall

As smoke from the Napa/Sonoma valley fires obscured many famous landmarks, Obscure Line Between Fact and Fiction opened at the Weinstein Gallery in San Francisco. The exhibition showcases work of Fort Myers artist Marcus Jansen, who gallery owner Rowland Weinstein is eager to introduce to northern

California collectors and art enthusiasts.

"Jansen's paintings and personal story are powerful," noted Weinstein. "Initially inspired by the street art movement of the 1980s, then serving his country in Desert Storm and subsequently being diagnosed with post-traumatic stress disorder (PTSD), this veteran-turned-artist has been called 'one of the most important American painters of our time' by former Documenta Kassel curator, Dr. Manfred Schneckenburger, and has been credited by former museum director and art historian Jerome A. Donson as the 'innovator' of the Urban Expressionism movement."

This exhibition precedes two upcoming museum retrospectives for the local artist, one at The Baker Museum in Naples, Florida and the other at Zitadelle Museum in Berlin, both scheduled for spring of 2018.

"In many ways, Jansen is the contemporary embodiment of a trajectory begun by the early avant-garde and the Surrealists," Weinstein observed.



Artwork by Fort Myers artist Marcus Jansen appears in the Weinstein Gallery in San Francisco

photo courtesy www.artswfl.com

"In the tension and chaos leading up to World War I, many of the artists of Der Sturm – including Rudolf Bauer, Wassily Kandinsky and Franz Marc – began to explore the relationship between anarchy and abstraction. The practice of embracing Theosophy in their paintings gave the artists a foundation to express their frustrations abstractly and the hope to help their fellow man reach a higher spiritual realm in the face of imminent war."

For example, Andre Breton worked as a medic in

a psychiatric ward treating the traumatized soldiers of trench warfare during World War I. His experiences and the general disillusionment of society in the post-war years led to his belief in art as an anti-war protest and the birth of Surrealism.

"These same convictions were defended by the early Abstract Expressionists in reaction to the atrocities of World War II and became the voice of a new American art," Weinstein pointed out. "As Jackson Pollock said, 'It seems to me that the modern painter cannot express this age, the airplane, the atom bomb, the radio, in the old forms of the Renaissance or of any other past culture. Each age finds its own technique.'"

Whether it be cyber surveillance, GMOs, the housing crisis or the techno-military-industrial complex, Jansen's surreal canvases confront the dystopia of conflict in the hope of finding understanding and inciting action.

When asked in an interview what painting was, Jansen replied, "Painting is the most intimate act of war." Like his predecessors, he challenges the status quo and questions societal apathy and acceptance with his evocative and immersive canvases that redefine the modern landscape.

The opening will also feature a screening of the John Scoular documentary, *Marcus Jansen: Examine & Report*, a book and poster signing reception plus a number of Jansen's uncharacteristically small 16-inch by 20-inch canvases.

The exhibition runs through November 24.

Established in 1992, Weinstein Gallery specializes in non-objective and surrealist art from pre-war Europe through the birth of abstract expressionism and the New York School in post-war America.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

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Yappy Hour To Benefit GCHS

Bell Tower Shops and the Gulf Coast Humane Society (GCHS) will partner to host a football-themed Furry Fans Yappy Hour block party at Center Court on Friday, November 10 from 6 to 8 p.m. Pet lovers are invited to bring their four-legged friends out to play and enjoy an evening of fun at the dog-friendly shopping, dining and entertainment destination.

Furry Fans will feature a costume contest for owners and pets representing their favorite football teams. The contest's winning dog and owner will receive a prize. An on-site \$5 donation to GCHS is requested per dog to enter. There will be live music by Peter Kolter and Constantine Grim of the Electric Mud, a bounce house, a sidewalk chalk station, lawn games and more. Cru's beer and wine proceeds and Omaha Steaks' \$2 hot dogs and \$1 water bottles will be donated to GCHS. Pets Du



Halloween puppy

photo provided

Soleil Photography will be offering pet portraits, with 25 percent of the proceeds benefiting GCHS.

For more information, visit www.thebelltowershops.com or www.facebook.com/BellTowerShops/.*

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Holiday Art Sale

The Alliance for the Arts will host the Arts & End Holiday Sale on Saturday, November 11 from 11 a.m. to 7 p.m. Coinciding with the onset of the holiday shopping season, this event encourages purchasers to consider buying local art. The art sale will also feature activities throughout the day, including a community collaboration project, holiday card making, artist's demos and live music.

Local artists will present and sell hand-crafted items in a wide variety of mediums and styles. The Alliance for the Arts gift shop currently features works from over 75 local and regional artists.

Featured artists include Alicia Schmidt (small paintings and ornaments; Jayne Baker (jewelry, handmade candles, picture frames); Lucia Garcia (jewelry, leather purses and bracelets); Susan Mills (mixed media, purses, clothing, jewelry and furniture); Doug MacGregor (books, CDs and prints); Judith Stone (small framed artworks, mixed media pieces); Jeff and Dale Ocasio (masking tape sculptures); Union Artists Studios (small works, jewelry, mixed media works and paintings); and Marta Sicajan (beaded jewelry and purses).

Artists Carolyn Gora and Ava Roeder will be onsite for a collaborative community project at 11 a.m. There will be a holiday card making activity with artist Patty O'Kane from noon to 2 p.m. From 2:30 to 3:30 p.m., there will be a live figure drawing artist demo with Francesco Gilla. Music with Rosada Project by Suzanne and Doug MacGregor will be held from 5 to 7 p.m.

Arts & Ends Holiday Sale takes place during the Off the Wall Exhibit: 200 Pieces Under \$200. This non-traditional art show features works of all mediums priced at \$200 or less. All sales are "cash and carry," meaning purchasers will get to take the piece with them when they buy it, instead of waiting until the end of the exhibit. The exhibit runs through December 2.

"We hope that this event and exhibit encourages others to consider buying local art when shopping for gifts," said Krista Johnson, exhibitions coordinator at the Alliance for the Arts. "Purchasing local art personalizes your shopping experience and helps stimulate the southwest Florida creative economy."

Alliance for the Arts is located at 10091 McGregor Boulevard. For more information, call 939-2787 or visit www.ArtInLee.org.

Bike Night

The River District Alliance (RDA) will host the Downtown Fort Myers Bike Night on Saturday, November 11 from 6 to 10 p.m. It is free to attend.

Thousands of bikes will line the streets of historic downtown, vendors will be throughout and three stages of live music will all be part of the event. Bands will include The Rockers, Bad Latitude and Tolerance Zero.

No registration or fee required for bikes. For vendor and sponsorship information, email riverdistrictplanning@gmail.com or riverdistrictevents@gmail.com. For more information, visit www.fortmyersriverdistrictalliance.com.

Colorful Compositions During Art Crawl

DAAS CO-OP Art Gallery & Gifts will get INKdecent with the art of guest artist Camilo Perez during the monthly SoCo Second Saturday with an opening reception on November 11 from 6 to 10 p.m. The exhibition, entitled INKdecent Break, highlights the artist's compositions of patterns and colorful illustrations.

"I believe I started drawing the first time I was given a pencil as a child," said Perez, who focuses on minuscule details, repeated in form and shape throughout his creations. "Nothing feels better to me than using colors as a form of expression, and all I have to do is look around in nature for all the inspiration I need." Perez was born in Honda, Tolima, Colombia and moved to the United States during his late teens.

"As an artist, expressing my creativity takes shape in the form of line drawings, usually abstract designs that are colorful, complex and structured. The artworks are mostly executed in watercolors and ink on embossed paper," he said. "The layout concept is fragmented to simulate the effect of a stained glass design."

"Their meaning to me is that of life's complexity and diversity, their societal meaning derived from the observation



Work by Carlos Perez image provided

of how each element of the artwork is a separate building block, defined by boundaries, yet an important part to a larger structure. That's what I believe is the role of each human being in society."

For more information about Camilo Perez' art, visit www.camiloaperez.com. DAAS Co-op Art Gallery is located in the Royal Palm Square at 1400 Colonial Boulevard suite 84 in Fort Myers.

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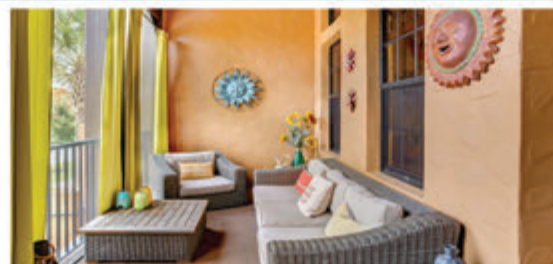
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Along The River

Tides of Change, an evening of shore-side dinner and dancing to benefit Pace Center for Girls of Lee County, will be held at **MarineMax Fort Myers** on Friday, November 3 from 6 to 9 p.m.

MarineMax Fort Myers is located at 14030 McGregor Boulevard. To learn more or to check on ticket availability, contact Development Manager Allyson Ross at 470-7548 or allyson.ross@pacecenter.org.

Veterans and current members of the military and their families are invited to the 6th annual **Military Appreciation Day** at **First Christian Church** on Saturday, November 4 from 9 a.m. to 1 p.m. Lee Health's Military Support Program will again take part in the annual event that will feature an opening ceremony, brunch, daycare services (with a reservation), shopping the free PX, receiving assistance with VA benefits, getting a haircut and a massage, as well as health screenings and dental exams (reservations required for dental exams) and a special hiring fair.

First Christian Church is located 2061 McGregor Boulevard in Fort Myers. For more information, to volunteer or to make daycare or dental exam reservations, call the Military Support Hotline at 343-2045.

The 36th annual **Bonsai Society Show and Sale** will take place at the **Berne Davis Botanical Garden** on Saturday, November 4 and Sunday, November 5 from 10 a.m. to 4 p.m.



Matt Schofield will return to the Sanibel Blues and Jazz Festival on Sunday, November 5
photo by Jeff Lysiak

The show will include an exhibit of bonsai trees created by society members, demonstrations of bonsai techniques, sales of bonsai and related materials, and raffles. Experienced members will also be available to answer questions about any trees that are brought in.

Admission and parking are both free. The Berne Davis Botanical Garden is located adjacent to the Edison Home at 2166 Virginia Avenue in Fort Myers. For more information about the society or the annual show and sale, visit the www.bonsaiswfl.org or call Judith Giandelone at 561-3058

Florida SouthWestern State

College's (FSW) School of Education will host **Pop-Up Adventure Play** on Saturday, November 4 from 1 to 4 p.m. The free event will take place at the Practice Field on the FSW Thomas Edison Campus, 8099 College Parkway, in Fort Myers.

For more information or to pre-register, contact Dr. Kroeker at 489-9382 or email Popupplay.fsw@gmail.com

Cooking for the Arts, an evening of interactive fine dining and fundraising for the arts, will take place at the **Sidney & Berne Davis Art Center** on Saturday, November 4. Guests will cook a four-course gourmet meal paired with special wines from this year's menu theme, An Evening in Athens. Cocktail hour begins at 6 p.m. with dinner at 7 p.m. Tickets are \$250 per couple, \$1,000 per table of eight.

The Sidney & Berne Davis Art Center

is located in the historic River District at 2301 First Street in Fort Myers. Visit www.sbdac.com for tickets and more information.

The 35th annual **Taste of the Town** will be held at the **Alliance for the Arts** on Sunday, November 5 from 11 a.m. to 5 p.m. Proceeds go to the Junior League of Fort Myers.

General admission to Taste of the Town is \$10, with children age 12 and younger free. Food and beverage tickets range from \$2 to \$5. No pets or coolers allowed.

Participating restaurants will offer an array of menu items while competing for honors in a variety of categories. For more information, visit www.jlftaste.org.

The **Sanibel Blues and Jazz Festival** will be held behind **Bailey's General Store** on Sunday, November 5. Gate opens at 11 to 11:30 a.m., while the first performer begins at noon. Festival ends at 7 p.m.

Sanibel Taxi will provide free shuttle service to and from the festival. General admission parking will be held at The Sanibel Congregational Church; Sanibel Community House; Strauss Theater; and Sanibel Post Office.

Blues and Jazz music groups this year are award-winning headliners Elvin Bishop Trio, Matt Schofield and Marty Stokes Band. Two opening acts include Johnny Jensen and the FGCU Jazz Combo.

Food and beverages will be available. No coolers. General admission is \$40 per person. General admission festival goers are asked to bring chairs.

Bailey's General Store is located on the corner of Periwinkle Way and Tarpon Bay Road. Tickets are available at Bailey's General Store, at the festival, and at www.sanibelbluesandjazzfest.org/ ✨

Arts In Healthcare Contest Winners

Officials from the Arts in Healthcare program at Lee Health recently announced the winners of the 2018 Art by the disABled Calendar Contest. More than 25 works were entered and placed on display in the atrium of HealthPark Medical Center. A local panel of six judges chose five winners from the entries.

Linda Livesay, an artist from the Special Populations program in Cape Coral, captured first place for *Mom's Vase*. Her art will be featured on the cover of the 2018 Arts in Healthcare calendar and on permanent display on the 5th floor of the Rehabilitation Hospital at Lee Memorial Hospital.

Janice Orozco placed second for her pen and alcohol ink drawing *Friends*. Gwenn Kranz of Fort Myers was awarded third place for her mixed media work *Coral Reef*. Jackie Pratt of the Lighthouse Center of Southwest Florida picked up honorable mention named People's Choice for *Tres Tucanes*. Carol Murphy of the Lighthouse Center received the other honorable mention award for *The*



Linda Livesay's winning piece Mom's Vase
image provided

Meadow.

All winners in the calendar contest will be featured in the Art by the disABled Gallery in the atrium at HealthPark Medical Center, and all works are for sale. A portion of the sales goes to the artist and a percentage goes to the Lee Health Arts in Healthcare Program. ✨



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Tactical Course Ready For Hero Project Race

Sponsor Sphinx Crossfit has ramped up its support by donating the military-inspired tactical race course equipment for the Battle of the Brigades portion of Salute to the Brave: HERO Project at Top Rocker Field at Six Bends in Fort Myers on Saturday, November 11 from 11 a.m. to 3 p.m. The second event in the Morgan & Morgan Signature Series, Salute to the Brave features a dignified ceremony, monstrous vehicle rebuilds, a lifted truck show, food, music and Sphinx Crossfit's grueling obstacle course challenge, with proceeds benefitting Avow Hospice Home.

The Battle of the Brigades is a timed tactical training-inspired obstacle course open to 10 four-person teams competing under two divisions: Heroes and Corporate. Teams will compete through a series of challenging obstacles. Corporate teams can register for \$250 per team, or \$500 to register themselves and sponsor a veteran team. Hero team registration is free at www.salutetothebraveheroproject.eventbrite.com.



A Battle of the Brigades participant competes at a previous race

photos provided

Beneficiary Avow was the first nonprofit hospice in Collier County providing care for adults facing chronic or serious illness. A proud "4-star" We Honor Veterans partner, its efforts include matching veteran hospice patients with staff and volunteers who also served in the military, making

Avow an ideal nonprofit partner for Salute to the Brave.

General admission and parking for this family-friendly event is free. Top Rocker Field is located at Six Bends, 9510 Thunder Road in Fort Myers. For more information, visit www.TopRockerEvents.com.



A competitor in the obstacle course

Alliance To Host Still Life Artist

San Francisco-based still life artist and teacher Elio Camacho is returning to Alliance for the Arts. He will provide a free demonstration (\$10 for non-Alliance members) for artists and art connoisseurs on Monday, November 13 from 1 to 5 p.m. He will also teach a three-day Still Life Workshop on November 15, 16 and 17 from 9:30 a.m. to 5 p.m.

Camacho, who was born on the island of Madeira, south of Portugal, studied with Oyanes Berberian and has been featured as an "Artist to Watch" in *Southwest Art* magazine. His work is currently represented in galleries throughout the United States.

Camacho's demo will showcase his Alla Prima style that captures the first impression and light on a given subject. During his workshops, students will receive hands-on instruction with an emphasis on demonstrations, easel-side and class critiques. Based on each student's level and goals, Camacho will develop a program improving each individual's ability as a painter to capture the harmony and emotion color offers.

"Each time I paint, my goal is to capture the particular mood of the moment and to express myself in a bold and colorful way all while capturing the beauty and spontaneity of nature," Camacho said.

Pre-registration is required. For more information, visit www.ArtInLee.org/Education or call 939-2787.

Online Auction To Fund Local Scholarships

As part of its continuing community outreach efforts, the Red Sox Foundation has created a one-week online auction to help fund scholarships for local high school students. Fans can access the online auction at www.redsox.com/Scholarshipauction. The auction will run until Monday, November 6 at 8 p.m.

More than 30 unique items are available and range from experiences including watching an inning of a 2018 Red Sox Spring Training Game in a suite with Boston Red Sox Hall

of Famer Tim Wakefield to tickets and airfare to the 2018 CMA festival in Nashville. Other packages include theme park tickets, hotel stays, autographed memorabilia, golf outings, and once-in-a-lifetime opportunities during the 2018 Spring Training Season including throwing out a ceremonial pitch, serving as a game assistant, announcing the Red Sox lineup and a private meet-and-greet with Wally the Green Monster.

The Lee County Red Sox Scholarship is in partnership with The Foundation for Lee County Public Schools, Inc. Each year, the Red Sox Foundation awards a \$5,000 college scholarship to one deserving student from each of the 13 public high schools in Lee County.

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OBITUARY

DORIS BURKS

Doris Burks died on October 19, 2017 in Fort Myers, Florida at the age of 92. She was born in Cleveland, Ohio in 1925 and grew up in Cuyahoga Falls. Doris graduated from Miami University in Ohio and then worked for Goodyear Tire and Rubber Company. In 1950, she married Bill Burks, the love of her life. For 67 years, they had fun together, living in Akron, Ohio, Rochester, New York and Sanibel, Florida.

In Rochester, Doris joined Bill on ski trips and was his second mate on their sailboat *Sea Oats*. She loved traveling, playing bridge and going to the theater. She served on The Salvation Army Women’s Board, was a deacon at Third Presbyterian Church and was a president of the Women’s Association of the Rochester Yacht Club.

In Sanibel, Doris was an avid tennis player and made many great friends with whom she formed a spirited book

club. She also volunteered at Sanibel Congregational United Church of Christ. Later in life, Doris used her determination, strength and humor to fight Parkinson’s disease. She never complained, and she laughed often. The family is very grateful for the friendship and care shown by LaVonne, Jean and Hope Visiting Nurses.

Doris was a devoted and beloved wife, mother and grandmother. She is survived by her husband Bill, her three children, Robin (David), Sanibel; Steve (Heidi), Grand Isle, Vermont; and Alyson, Scituate, Massachusetts; as well as her two granddaughters, Caitlin, New York City and Kara, Philadelphia, Pennsylvania.

We will all miss her sparkling blue eyes, loving smile and infectious laugh. A memorial service for Doris was held at Sanibel Congregational United Church of Christ on October 25. The family entrusted the care of their loved one to the National Cremation and Burial Society.✧

Free Admission For Veterans

To honor the men and women who have served our country, Edison & Ford Winter Estates is offering free admission to United States veterans and their families on Veterans Day, November 11. Free admission includes an audio tour of the historic homes,

gardens, laboratory and museum. Veterans will also receive a 10 percent discount on items purchased in the Museum Store, Ford Cottage Shoppe and the Edison Ford Shoppe at Bell Tower Shops. To receive free admission, veterans must present a VA identification card or their DD214 papers. Current servicemen and women presenting an active military ID are admitted free every day.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.
ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.
ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.
BETH SHILOH MESSIAHIC SYNAGOGUE
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.
BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.
BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.
CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.
CHAPEL OF CYPRESS COVE
Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943.
CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.
CONGREGATIONAL
Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.
COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.
CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.
CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.
CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.
FAITH FELLOWSHIP WORLD OUTREACH
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.
FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.
FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.
FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.
FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.
FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.
FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.
IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.
JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.
KINGDOM LIFE
Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.
LAMB OF GOD
Sunday 7:45 and 10 a.m. 19691 Cypress

Morning Walks At County Sites

Lakes Regional Park will be the site of a nature walk with a Lee County Bird Patrol Guide on Saturday, November 4 at 8 a.m. On Saturday, November 11, experience the beautiful birds of Bunche Beach with a bird patrol guide at 10 a.m. The Lakes Park walk is along clear paths that offer an opportunity to see birds in native vegetation with experienced guides pointing out the many species in the park, a Lee County birding hot spot and crucial nesting area for many birds. Those interested are asked to wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars. For more information, call 533-7580 or 533-7576 or visit www.birdpatrol.org. Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. Meet at Shelter A7. Enter Lakes Park gate from Gladiolus Drive. Turn right. Drive to end of road, continue through the parking lot. Shelter A7 is located near the train station. The Bunche Beach walk is along the beachfront. Participants meet on the beach located in South Fort Myers, off Summerlin Road. Drive south of John Morris Road until it dead ends. Bunche Beach is excellent for both migrant and resident waders and

shorebirds working the mudflats at low tide due to the diversity of micro-invertebrates. Participants may also see waterfowl, raptors and warblers. Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature. For more information, call 707-3015 or visit www.birdpatrol.org Both walks are provided in cooperation with Lee County Parks and Recreation. They are free with paid parking.✧

Indie Movies For Film Festival On November 6

Thank God for Indie Mondays (TGIM) will feature new indie films at the Sidney & Berne Davis Art Center on Monday, November 6. Cocktails hour begins at 6:30 p.m., while the show begins at 7 p.m. Judges Brad Cozza, Char Loomis, and John Davis will lead the audience in selecting films for the 2018 Fort Myers Film Festival. Davis will also perform fresh indie music with Emma Arnold. Tickets are \$10 for adults and \$8 for seniors/students. The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District.✧

View Drive, lambogodchurch.net, 267-3525.
NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcmministry@embarqmail.com, facebook.com/nbcmministry, 556-0416.
NEW COVENANT EYES
Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.
NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.
NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.
PEACE COMMUNITY
Sunday 10:30 a.m. www.17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400.
PEACE LUTHERAN
Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com. 437-2599.
REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.
RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.
SAMUDRABADRA BUDDHIST CENTER
Meditation classes. MeditationInFortMyers.org, 567-9739.
SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.
ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.
SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.
SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.
SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.
ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.
SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.
TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.
TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org.14486 A&W Bulb Road, 433-0201.
THE NEW CHURCH
Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.
UNITARIAN UNIVERSALIST
Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.
UNITY OF FORT MYERS
Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.
WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.
WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.
ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✧

CROW Case Of The Week:

Magnificent Frigatebird



by Bob Petcher

The name magnificent frigatebird (*Fregata magnificens*) sounds more like a 1980s rock band than a feathered creature. This seabird, however, is quite silent in its

flight and is known to fly for days and nights without much rest.

The largest species of frigatebird spends its time over tropical and subtropical waters south of the U.S. When not flying in altitudes as high as 8,200 feet, this species will soar just above water, feeding from the ocean's surface and catching flying fish for meals.

The magnificent frigatebird is called a bully for its tactics of taking fish from other birds that have caught, collected and sometimes even stored food. This act is called kleptoparasitism.

Generally, the magnificent frigatebird has a dark-colored plumage, long narrow wings and a deeply forked tail. In fact, the word "frigatebird" in Spanish means "forked tail."

Male and female species have different appearances. Males are all black and have red throat sacs under their bills that inflate

to balloon proportions to draw attention to potential mates during breeding season. Females tend to be black too but with white breasts and bellies. Overall, they are slightly larger than males and possess a brown band on their wings as well as blue eye rings.

At CROW, an adult male magnificent frigatebird was admitted from Lover's Key in Fort Myers Beach last week. The bird was found soaking wet on the beach in what CROW officials call "an unusual occurrence for these birds that spend most of their lives in the air above the ocean." Initial x-rays at intake showed no significant findings. Full radiographs were taken last weekend, once the bird was stabilized and able to be anesthetized.

"There were no significant abnormalities found on radiographs or blood work," said Dr. Robin Bast, CROW veterinary intern. "On physical exam, the bird was underweight and mildly dehydrated. A specific cause for his thin body condition has not yet been identified with diagnostics. The bird has been receiving supportive care – fluid therapy, nutritional support."

The patient was also started on a medicine called itraconazole.

"Itraconazole is an anti-fungal medication that can be given orally to treat or to prevent fungal infections," said Dr. Bast. "In this case, we are using it to help prevent aspergillosis, which is a type of systemic fungal infection that can be seen in birds, particularly those that are immunosuppressed and more susceptible to infections. Pelagic species such as frigate birds, loons and gannets are more



Patient #17-3680 appears to be gaining strength with fluid therapy and nutritional support

photo by Brian Bohlman

susceptible to aspergillosis."

Dr. Bast further stated there was "no evidence of an active infection at this time" and that the patient's "white blood cell count is within normal limits and air sacs appear normal on radiographs." She did say the magnificent frigatebird is not a common patient at CROW.

"We do not see this species commonly at CROW, mostly because they are pelagic species," said Dr. Bast. "They spend most of their time over the deep ocean and only come to land for breeding purposes, or if they are ill or injured."

CROW medical staff will continue to monitor the patient.

"The bird is tolerating nutritional and fluid support well, and has gained some weight," said Dr. Bast. "The next step will be moving him to an outdoor space for flight testing, once his body condition has improved with supportive nutrition. If he passes a flight test, he will be released."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Wintertime Fishing Pattern Arrives Overnight



by Capt.
Matt Mitchell

Our first cold front of fall dropped morning low temperatures in the 50s and brought breezy rough conditions for several days.

Expecting the fishing action to grind to a halt for at least a few days, I was pleasantly surprised to find the fish had just moved what seemed like overnight to the usual wintertime places. This early cold front brought us a quick 10 degree drop in water temperature basically overnight. It pushed snook deep into the mangrove creeks where they winter.

Fishing back in these mangrove creeks was about the only option for a few days as we hid from extremely windy conditions. Most days we went from creek to creek on different stages of the tide and found outstanding action on snook of all sizes. It still amazes me how fast our fishing pattern changed this year from fall to winter in what seemed like one day. Live free-lined shiners had these creek snook bouncing off the roots as we caught fish after fish. The average size of these snook is in the low 20-inch range, but what they lack in size they make up for in sheer numbers and excitement as

you watch them chase baits down.

For the next few months – unless we experience a major warm up – I spend most of my days with clients fishing back in tidal mangrove creeks all over the sound and Matlacha Pass. Learning where and what stage of the tide that snook set up in these creeks comes only from time spent in these waters. No matter what a day's conditions throw at us, I can almost always catch snook in these creek systems as long as I have shiners and the water temperature does not get down into the low 60s. The amount of life in these mangroves creeks is amazing with lots of varieties of wading birds along with raptors, dolphins and manatees to look at while catching fish.

All of the creeks systems that I find the most productive share a few key factors: deeper water; strong moving current; and natural channels.

From Shell Creek in the river to St James Creek in Matlacha Pass to the many creeks of JN Ding Darling National Wildlife Refuge and even Turner Creek, you don't have to go far this time of year to catch lots of fish and stay out of the wind.

Although I'm not a fan of the cold weather, I do really enjoy how close the fishing is to home this time of year. With another reinforcing cold front passing through early this week, I only expect the fishing to get better in all these creek systems.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ☆



Steve King of Naples with a 30-inch snook caught while fishing with Capt. Matt Mitchell this week photo provided

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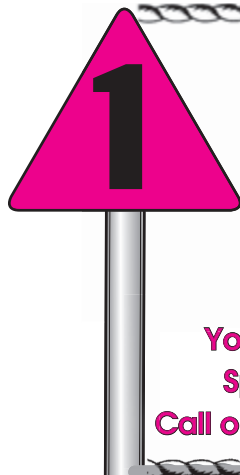
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Dave Doane

Plant Smart

Name The Tree Seed

by Gerri Reaves

So plentiful and colorful are the flowers and foliage of South Florida trees that other plant characteristics, such as seeds or bark, are easy to overlook. But those seeds can be as varied and fascinating as any flower.

The three seeds pictured here indicate the seed variety to be found right outside your door.

The native tree that produces those triangular white seed capsules is one of Florida's most beautiful, storm-resistant and wildlife-friendly.

Gumbo limbo (*Bursera simaruba*) is known more for its sculptural form and peeling reddish bark – a characteristic that gives it the nickname “tourist tree” – than for the inconspicuous flowers or small fruit and seeds. When mature, the berries split into three parts.

Each small three-sided capsule holds one white seed of only a fourth of an inch long. It is coated with a red fatty aril, a fleshy appendage, which birds eat, thus dispersing the seeds.

Florida fishfuddletree's (*Piscidia piscipula*) light-brown papery seed pod is rectangular and up to three inches long. Flat reddish brown seeds take flight on four scalloped wings.

Those coconuts are among the largest seeds on the planet and grow on the iconic coconut palm (*Cocos nucifera*), a real storm survivor. It might surprise you to learn that



Native gumbo limbo produces three-angled seeds

photos by Gerri Reaves



Florida fishfuddletree's seeds are dispersed by the wind in papery four-winged pods



Coconut palm and coconuts are both fruit and seeds

the palm is not native. In fact, it's listed as a category-II invasive plant by the Florida Exotic Pest Plant Council.

Coconuts are an interesting case, in that they can be classified as both fruit and seed. Measuring about 16 inches in diameter, they have a smooth green outer husk, the exocarp, when whole, as pictured here. In the early stages, they contain jelly coconut, which can be scooped out and eaten.

Eventually, the outer husk dries out. When removed, it reveals the “nut,” the dark-brown hairy shell that most people imagine is the whole coconut because it's sold in the grocery store. By then, the jelly has solidified into a white meat, or copra, that is used to make cakes, macaroons, pies and other goodies. A central cavity contains the juice used in tropical drinks.

Florida's trees are more than just flowers and leaves. Familiarize yourself with lesser known characteristics such as seeds, be they angled or smooth, winged or earthbound, barely visible to the naked eye, or as large as coconuts.

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Foundation Seeks Donations For Thanksgiving

The Heights Foundation is seeking organizations and individuals to participate in the Bountiful Blessings Thanksgiving Outreach. Since 1999, the program has helped families in the Harlem Heights neighborhood make a traditional Thanksgiving meal to share with their families. In 2016, partner agencies, businesses, philanthropic organizations and more than 100 volunteers provided turkeys and groceries to more than 300 families benefitting approximately 1,500 unique individuals.

"The Heights Foundation works to build strong, self-sufficient families in the Harlem Heights neighborhood. We can only do this because of the generous support of our neighbors who contribute their time and money to support our mission," said Kathryn Kelly, president and CEO of the Heights Foundation. "Monetary donations or donations of food will help families in our community. Volunteers are needed at 9 a.m. on Saturday November 18 to set up and at 12:30 on Sunday November 19 for the outreach event."

The greatest need is for donated turkeys and rice or monetary donations to purchase those items. Additional food items needed include chickens, cranberry sauce, boxed potatoes, canned vegetables and canned gravy.



The Heights Foundation Thanksgiving Outreach will assist more than 300 families
photo provided

Donations can be dropped off Monday through Friday from 9 a.m. until 4 p.m. until Thursday, November 16. The outreach event will be held on Sunday, November 19.

Organizations and individuals interested in participating can contact Melissa Barlow at 482-7706 or Melissa@heightsfoundation.org. All donations are tax deductible. Monetary donations can be made on the web at www.heightsfoundation.org/donate.✱

Marketing Coordinator Joins Fort Myers Firm

Landen Drake has joined the growing team at CONRIC PR & Marketing as its new marketing coordinator, bringing experience in special events management and digital media marketing to the organization.

Drake will develop and implement uniquely branded digital campaigns to build a strong online reputation and brand identity for CONRIC's diverse business and nonprofit organization clients. By cultivating trust and fostering engagement, she will continue enhancing those brands' online presence with a catered approach based on their specific objectives.

"Digital marketing is so much more than posting on social media and sending e-blasts," Drake said. "It represents a coordinated effort to spark conversation and engage our clients' audience with a goal of converting consumers into brand advocates."

Previously Drake served as the special programs and events coordinator at the Greater Fort Myers Chamber of Commerce where she planned and executed countless networking and annual events and implemented coordinated



Landen Drake photo provided

marketing and promotional plans to support those efforts. A Fort Myers native, Drake holds a bachelor's degree from the University of Central Florida with a focus in event management.

"Landen has established herself as a trustworthy connector in the Southwest Florida community," said Connie Ramos-Williams, president and chief marketing officer of CONRIC PR & Marketing. "Her online marketing skill is matched by her enthusiasm for discovering each of our clients' unique spark so we can better tell their story across a complementary suite of marketing channels."✱

LatinFest Moved To Next Year

The Southwest Florida's Hispanic Chamber of Commerce has moved the LatinFest Southwest Florida festival to Saturday, January 20, 2018, from 5 to 10 p.m. The event, free and open to the public, will be held at Six Bends Harley-Davidson at 9501 Thunder Road in Fort Myers.

LatinFest was originally scheduled for Saturday, October 28, but due to the impact hurricane Irma had in the community, it was rescheduled to allow some time for people to recuperate financially and emotionally. "Some members and people in the community we have talked to have told us that they are still in the process of getting back on their feet since the hurricane hit Southwest Florida. People are happy we are rescheduling and have even thanked us. I think it was the best decision we could

have made," said Veronica Culbertson, president and CEO of Southwest Florida's Hispanic Chamber of Commerce.

There will be food and merchandise vendors throughout the event, businesses promoting a variety of products and services and a kid's area with entertainment by Galacstin the Clown. The stage will be the center of entertainment with live musical performances by Orquesta Tropical Sound, Heat Latin Jazz, Orquesta Classica, Zumba with Around the Clock Fitness and Thaliana, amongst other artists.

LatinFest Southwest Florida is a celebration of Hispanic heritage combining live music, food, arts and crafts and family fun. It is a time to celebrate countries, cultures and people coming together during such special time for the Hispanic community.

Booth spaces are available as well as sponsorship opportunities. For more information, call 418-1441 or email info@hispanicchamberflorida.org.✱

From page 1

Art Crawl

location. Each month, attending guests can collect golden tickets from district locations and turn them in to any of the map stops before 10 p.m. The SoCo map golden ticket contest prize winners will be revealed one week after the event via social media and notified by email.

This month's participating SoCo cultural venues are Alliance for the Arts, DAAS Co-op Art Gallery & Gifts, Ocasiosca, The Union Artist Studios and Crafted, Catch 22, A Swedish Affair, Broadway Palm Dinner Theatre, Suzanne's Dance Fitness, Studio Os Urbanos, City of Palms Studio and DM Paper Designs.

The classic rock band MFYF will be

playing at Royal Palm Square during the evening. DAAS Co-op Art Gallery & Gifts will be presenting the art of Colombian artist Camilo Perez. At the Alliance for the Arts campus, the artists of Ocasiosca and the Union Artist Studios will be teaming up and directing a community art project on the second floor of the Edwards building. Visitors will create their own "wish flag" that expresses a wish for the world, which will then be added to an elaborate web connecting the art studios in the loft.

The SoCo Cultural District location encompasses the block south of Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard. For more information, visit www.socoswfl.com or call 590-8645.✱

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From left, FGCU Professor Dr. Tim Allen; REIS Scholarship Chair Mark Morris; scholars Chezanne McLeod, Randy Lopez and Kyle McClimans; REIS member Lisa Sands and FGCU Professor Dr. Shelton Weeks photo provided

Investment Society Awards Scholarships

The annual Paul Sands Memorial – REIS Scholarship has been given to Florida Gulf Coast University (FGCU) student recipients Chezanne McLeod, Randy Lopez and Kyle McClimans, according to The Real Estate Investment Society (REIS). The scholarships each provide \$2,500 toward tuition and books.

The scholars also receive honorary membership in REIS for one year and may attend meetings on a complimentary basis. “We welcome outstanding scholars to join us, to learn about the area’s commercial real estate industry and develop relationships with members of the business community,” said REIS President Karen Miller. “We support student interest in business by providing financial assistance for their higher education and welcoming them to participate in our meetings and

educational programs. Our goal is to promote the professionalism of our future business leaders and thereby the economic vitality of our community.”

McLeod is a junior majoring in legal studies and minoring in real estate. She is looking forward to working in a real estate law firm. Lopez is a sophomore majoring in pre-finance. McClimans is a junior majoring in pre-marketing with the goal of someday taking over his family’s real estate business.

The Paul Sands Memorial – REIS Scholarship is an endowed FGCU scholarship program, funded by REIS Scholarship Foundation, a not-for-profit, registered 501(c)3 corporation. Continuing contributions from REIS and the annual Paul Sands Memorial Slaw Dog Invitational Golf Tournament have increased and sustained the fund.

Information on contributing to the REIS scholarship program is available at www.reis-swfl.org or by contacting REIS Scholarship Chair Mark Morris at 489-3303 extension 175.✱

FGCU Veteran Entrepreneurs

For the past two years, Veterans Florida, a non-profit created by the Florida Legislature to attract and retain veterans, has partnered with Florida Gulf Coast University’s Institute for Entrepreneurship and five other institutions of higher education to deliver the Veterans Florida Entrepreneurship Program (VFEP).

The entrepreneurship program features an advanced class comprised of 15 weeks of intensive, onsite entrepreneurial training to help veterans launch their businesses in Southwest Florida. The program concludes with the Frank Stern Compassionate Shark Tank Competition, where veterans pitch their ideas to local investors and business leaders to obtain funding for the businesses they started during the program. Over the past two years, the Institute for Entrepreneurship has provided over \$136,000 in start-up funds to the veterans through the Richard M. Schulze Family Foundation, the Schoen Family Foundation and the Far Mar Fund, a fund of the Southwest Florida Community Foundation.

The VFEP hosted by FGCU’s Institute for Entrepreneurship has

positively impacted many veterans across Southwest Florida, with over 50 percent of veterans businesses launched through the program to date. Stephen Berge, a service disabled former U.S. Marine completed the program in spring 2016 and won \$10,000 through the Compassionate Shark Tank Competition. Stephen’s company, Bravo Inc., is a federal contractor for construction, utilities and medical equipment. After completing the program, Berge is a successful entrepreneur and has received \$3.2 million in contracts.

Berge was recently invited to an important meeting in Washington that hopefully will provide him other opportunities for his business. He will be presented with the Governor’s Veterans Service Award by Florida Gov. Rick Scott on November 20.

Veterans can register for workshops or courses at www.veteransflorida.org. Workshops are available at FGCU’s IFE throughout the fall on November 9 and November 14 from 6 to 8 p.m. and December 2 from 9 a.m. to noon at the Emergent Technologies Institute off of Alico Road. The Master course is slated to start in February 2018. Space is limited. For more information, contact Amy Ridgway, program coordinator, at 590-7324 or aridgway@fgcu.edu.✱

Officer Of The Year Honored

Capt. Christopher Reeves of the Lee County Sheriff’s Office was recently honored as Officer of the Year at the 4th annual Law & Order Ball at Germain Arena. The annual event, organized by the Rotary Club of Fort Myers South, raises funds to support local law enforcement youth programs, the Fort Myers Rotary South Foundation and the Fund-A-Need Initiative. Next year’s Law & Order Ball date has been set for September 15.

Capt. Reeves has been with the Lee County Sheriff’s Office for 23 years. During his career there, he has been assigned the duties of patrol deputy, property crimes detective, major crimes detective, narcotics detective (CLEAN and DEA task forces), and also his present duties as the north district commander.

In 2000, Capt. Reeves became involved with the North Fort Myers Jr. Football Association, starting as an assistant coach, then moving to head coach. Around the same time, Capt. Reeves also served on the association’s board and is currently the vice president. Over the past 17 years, he has continued to teach his football players a philosophy of God, family, education and community service. When Capt. Reeves retires, he plans to continue his service to the youth of Lee County through his personal business that will provide athletic training at no cost.



Capt. Christopher Reeves photo provided

His community service includes raising money through numerous activities for the Boys and Girls Club, United Way and Lighthouse of SWFL Inc., raising money for over 50 scholarships for after school youth activities and hosting food drives for the homeless and the hungry, often donating his personal vacation home to help raise money for these causes.

The sold-out black-tie event is held to honor hometown heroes who work daily to keep communities safe.✱

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Sanibel Captiva Community Bank team receiving the Business Citizenship Award at the LCED Horizon Council Industry Appreciation Awards photo provided

Bank Receives Citizenship Award

Sanibel Captiva Community Bank was recently honored with the Business Citizenship Award at the annual Horizon Council and Lee County Economic Development Industry Appreciation Awards.

The Business Citizenship Award recognizes companies for community commitment and employee engagement in community organizations and programs. Sanibel Captiva Community Bank received the award in the More than 50 Employees category.

In 2016, Sanibel Captiva Community Bank gave on 96 occasions to

local organizations, with charitable contributions and nonprofit sponsorships totaling \$151,498. The bank's directors and employees give generously of their time by volunteering on boards of directors, heading committees and serving in leadership roles for approximately two dozen not-for-profit groups.

"It is because of the commitment, support and involvement of our dedicated board members, management and employees that SanCap Bank has been able to have such a strong impact on the local community," said Craig Albert, president and CEO of Sanibel Captiva Community Bank. "Our staff knows that they're not just a part of the bank. They're a part of the community."✱✱

Financial Focus

Checklist Choices For A Financial Professional



by Jennifer Basey

For reasons likely to remain obscure, October 30 is Checklist Day. But while the origins of this observance may be a mystery, the value of checklists is clear: They help us organize our

time and break large jobs into manageable steps. You can use a checklist for just about any significant endeavor – including the task of choosing a financial professional to help you achieve your important goals.

Here's what such a checklist might look like:

Find someone with the proper credentials. Make sure a prospective financial professional has the appropriate securities registrations.

Find someone who has worked with people like you. You'll want to seek out a financial professional who has experience working with people in circumstances similar to yours – that is, people of your financial status and with essentially the same goals and attitudes toward investing.

Find someone who will communicate with you regularly. During the course of your relationship with a financial professional, you will have many questions: Are my investments performing as they should? Should I change my investment mix? Am I still on track to meet my long-term goals? Plus, you will have changes in your life – new children, new jobs, new activities – that will affect your financial picture and that need to be communicated to your financial professional. Consequently, you need to be sure that whomever you work with is easy to reach and will be in regular contact with you. Many financial professionals meet with their clients at least once a

year to discuss the clients' portfolios and recommend changes, as needed, and also make themselves available, through phone calls and email, for any questions or concerns their clients may have.

Find someone who will honor your preferences. Some financial professionals follow certain philosophies. For example, you might find one advisor who tends to favor aggressive investing, while another one might be more conservative. There's nothing wrong with either approach, but you'll want to be sure that your preferences take precedence in all recommendations and guidance you receive from a financial professional. And many professionals won't express any of their own preferences at all, but will instead follow a course of action based on your goals, risk tolerance and time horizon.

Find someone connected to other professionals. Your investment plans don't exist in a vacuum. Over time, you will likely need to integrate elements of your investment strategy with your tax and estate planning strategies. When this happens, you may find it advantageous to have a financial professional who can work with tax and legal professionals to help you meet all your needs in these areas.

Find someone whose compensation structure is acceptable to you. Financial professionals get paid in different ways – through fees, commissions or a combination of both. Which method is best for you, as an investor? There's no one "right" answer – but you will certainly want to understand exactly how your financial professional will get paid and how this pay structure will affect your interactions with him or her.

You may find this checklist to be useful when you interview financial professionals. Take your time and make sure you're confident about your ultimate choice. After all, you're hiring someone to help you reach your key goals, such as a comfortable retirement, so you'll want to get the right person on your side.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱✱

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Veterans Appreciation Luncheon

Veterans and their families are invited to the 10th annual Salute to Our Veterans luncheon at First Christian Church on Wednesday, November 8 at 11 a.m. Presented by Lee Health's Military Support Program, the event is held in appreciation for all the veterans have done for our country. Lunch will be provided by

Mission BBQ.

In addition to the lunch, there will be a program featuring Steve T. Banko III, who served in the United States Army in Vietnam, was wounded six times and was decorated for combat heroism seven times. His awards include two Silver Stars – the nation's third highest combat decoration, four Bronze Stars for Valor and four Purple Hearts.

First Christian Church is located at 20161 McGregor Boulevard in Fort Myers. Veterans and their families interested in attending should call 424-3765 and provide their branch of service.✱✱

MOAA To Host Dinner Meeting

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held at Crown Colony Golf and Country Club

at 5:45 p.m. on Monday, November 13. The guest speaker will be Dr. Noneen O'Rafferty, who will discuss aging and wellness.

Former, retired or active duty uniformed officers who are interested in joining MOAA should contact Terry Robertson at 352-638-5838 for membership information.✱✱

Superior Interiors

Enhance Your Decorating Confidence

by Linda Coin



Often times here my clients say "I don't know what my style is or what I like – you need to tell me." When this happens, I usually try to help them by asking a few key questions. My clients have also found it helpful to practice

a few simple visual exercises that I also recommend to help them identify what they like. And once you know what you like and why, it becomes easier to develop and enhance your own decorating style – confidently!

Discovering your style involves developing an acute awareness of your surroundings and the ability to judge your reactions. Take a minute right now, in the room where you are reading this article. Look around the room – carefully – and write down five reasons why you like the room. Be very specific. For example, if you like the window – why? Is it because

of the symmetry? Does it admit a lot of natural light into the room? Do you like seeing the colors in the window's view?

Now, take a few more minutes, and look again. Ask yourself what features you don't like. For example, a painting on the wall. What is it about the painting that you don't like? The color? Is it hung too low? Too high?

By becoming conscious of your reactions to what you see, you'll begin developing your own sense of likes, and just as important, dislikes.

Every time you enter a room, make it a habit to ask yourself whether you like it or not. An office, a restaurant or another home – it makes no difference. What characteristics appeal to you? Which ones make you feel uncomfortable? Do any of the rooms approach your ideas of what you would want your home to look like? Assess the mood that is evoked in each room and the ingredients that create a particular ambience. Does it make you feel warm, cool, cozy, serene, etc?

Decorating confidence is something you develop, many times with the assistance of your own personal professional decorator, whose knowledge and resources are indispensable. Your home should be decorated with a sure awareness of how you respond to color, texture, form, line and space.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecaden.com.✱

Overcoming Adversity A Topic At Luncheon

Above Board Chamber of Florida presents Overcoming Adversity – Crisis Management at Pelican Preserve Town Center during a luncheon on Thursday, November 9 from 11:30 a.m. to 1 p.m. Reservations are required at www.AboveBoardChamber.com.

Communication, relationship building and leadership development are important in all phases of running a business, but these components become even more critical in the face of a crisis. November's luncheon meetings will provide tactics for planning for the unthinkable, communicating during a crisis and effective leadership to instill calm and navigate from adversity to

normalcy. Bring your questions, and our experts will work through solutions.

The meeting will be emceed by Robin Larkin, principal at Performance Management Associates, and feature a panel including Suzanne Boy, attorney with Henderson, Franklin, Starnes & Holt, PA; Connie Ramos-Williams, chief marketing officer and president at CONRIC PR & Marketing; and Susan Armstrong Ryan, founder of Creative Business Coaches.

The luncheon will be sponsored by Tri-Town Construction. Another sponsorship is still available. Call 910-7426 to secure this opportunity for your company.

Non-members are encouraged to attend the meeting, then consider joining the Above Board Chamber of Florida. To become a member, contact Jeanne Sweeney at 910-7426.

Pelican Preserve Town Center is located at 10561 Veneto Drive, Fort Myers.✱

LCEC Presents Environmental Funding Awards

Lee County Electric Cooperative (LCEC) will provide the Bailey-Matthews National Shell Museum, Sanibel-Captiva Conservation Foundation, Cape Coral Friends of Wildlife, Keep Lee County Beautiful and the Monofilament Busters with Environmental Funding Awards. These five awards total \$14,250. Funds will be used for projects varying from programs for children to mobile marine

units to educational calendars.

LCEC accepts applications for this award twice a year with deadlines on March 15 and September 1. To apply for this award, organizations can email pr@lcec.net to receive an application. Interested organizations must meet certain criteria to be considered for the award including being located within LCEC service territory, funding utilized for projects/programs related to the environment and the utility industry, and having a demonstrated need for funds. This funding award is just one of the many ways that LCEC positively impacts and supports wildlife and the environment.✱

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Book Review

The Silent Corner



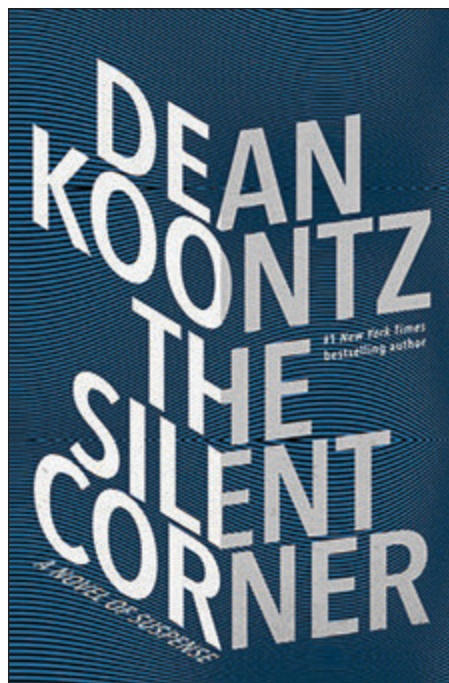
by Di Saggau

I have read many Dean Koontz books in the past and I think his latest *The Silent Corner* is his best so far. He introduces us to a fierce new main character named Jane Hawk. She's

27, tough as nails and determined to find out who is behind a surge in suicides, including that of her Marine husband. The book begins with a bang as Jane goes rogue to root out the evil people responsible for nanotech brain implants that allow them to be controlled. The victims are referred to as "ray shaws" after the protagonist, Raymond Shaw, in *The Manchurian Candidate*. Who can forget that one?

The scary thing is that nano brain implants being used for a sinister purpose is definitely more than science fiction. Jane is targeted by drones and other sophisticated technology, which causes her to hide her young son with friends as she tracks down the culprits. As a former FBI agent, Jane can outthink and outshoot the bad guys. "They were after her. The omnipotent, almost mystical They. But she had no idea who They might be."

Koontz has done his research in the field of drones, guns and ammo, and lush depictions of nature. I love his writing style. I questioned one phrase used at the start of chapter 23 where he refers to "a colony of crows" because the correct phrase is "a murder of crows." I wrote him about it and received a quick reply. He said, "Thanks Di for your good letter and kind words. Yes, I know it's a 'murder of crows,' but most people don't, so when I've used the term previously, I've received many letters advising me that there's a typo. Easier to avoid the term



than to answer all those letters. Besides, in this case, I wanted alliteration." My curiosity is satisfied.

We are shown that Jane was a good person before she became angry and afraid: "Afraid for everything she loved...her friends, her country, the future of freedom and the dignity of the human heart." The antagonists in the book apply to the times in which we are living. Koontz talks about "people who push the culture in the wrong direction" and "the darkest desire of mankind to hold absolute power."

It's fascinating following Jane as she moves across Southern California tracking down the mad scientist behind the implants. She tries to stay off the grid by using old cars, burner cellphones and library computers, but she can't elude the bad guys. However she is capable of taking them on. I look forward to Koontz's next Jane Hawk novel, *The Whispering Room*, due out Tuesday, November 21, and his newsletter reports there are more to come because like his readers, Koontz is fascinated with his new character.✧

Alliance Seeks Poets For Book

The Alliance for the Arts is issuing a call to poets for its inaugural Chapbook celebration on April 5, 2018. Selected poems will be published in a National Poetry Month celebratory chapbook.

Online submissions are due by February 23, 2018. To be eligible for entry, poets must reside in Southwest Florida and be able to attend the Chapbook reading on April 5, 2018. Poets chosen to participate will be notified in mid-February. A nominal submission fee of \$5 is required, which covers the cost of publication.

For submission guidelines and to submit your work online, visit www.artinlee.org/chapbook.

The 2018 Chapbook juror will be Joyce Peseroff. Peseroff is the author

of five collections of poetry, including *The Hardness Scale* (1977, reissued in 2000), *A Dog in the Lifeboat* (1991), *Mortal Education* (2000), *Eastern Mountain Time* (2006), and *Know Thyself* (2015, Carnegie Mellon Poetry Series). Her most recent collection was designated a "must read" by the 2016 Massachusetts Books Awards. She has served as an editor for *Ploughshares* and edited *The Ploughshares Poetry Reader* (1987), *Robert Bly: When Sleepers Awake* (1984), and *Simply Lasting: Writers on Jane Kenyon* (2005).

Her honors include grants from the National Endowment for the Arts and the Massachusetts Artists Foundation as well as a Pushcart Prize. Peseroff lives in Bedford, Massachusetts and spends the winter in North Fort Myers. She taught at the University of Massachusetts-Boston, where she directed the Creative Writing MFA Program in its first four years.✧

School Smart



by Shelley M. Greggs, NCS P

Dear Shelley, My son is in fourth grade and overall doing well in school. I want to be able to continue to help him with his achievement, and I would like some

ideas from you on how to do this. We have always enjoyed reading together but now, since he can read by himself, I'm not sure how helpful reading with him really is. Do you have some suggestions about how reading together can be helpful for him?

Michael C, Cape Coral

Michael,

How nice to hear that your son is doing well; school success takes lots of work. Your instincts are correct in that continuing to read with him is beneficial. Reading with your children is probably the single most important activity that you can do to help your child grow academically. Even though children become independent readers, there still are several ways to continue to work with them in reading.

I would suggest that you continue reading with him even though he can read independently. Together you should decide on some titles that are just a bit beyond his comfort zone and set up a reading time.

What you should do in these sessions is: model fluency and expression for challenging texts; share the experience of reading, why you enjoy reading, genres or reading etc., that may lead to productive discussions about literature or information; and give your child exposure

to challenging vocabulary that he might just skim over when reading on his own.

The second most helpful thing you can do with your son is to listen to him read. As he is reading to you, you should pause often to: monitor fluency and phrasing; clarify anything confusing in the text; make connections (to what he already knows, other texts or the world); ask questions about the characters, author or plot; make predictions about what might happen next; and comment on what you are reading.

It is important for your son at this age to go beyond just retelling the story and for him to interact with the text in the above ways.

A third way you can help your son is to make it a point to discuss vocabulary. Encourage the use of increasingly sophisticated words. Model dictionary use by looking up words yourself which you do not know. Discuss the meanings of prefixes, suffixes and root words, so that your child begins to understand units of meaning within words (www.funbrain.com has lots of games for this. Play word games such as Scrabble, Hang Man etc., to help increase vocabulary skills.

Reading with your son and utilizing some of these strategies will increase his oral reading, reading comprehension and vocabulary skills. It will also provide an enjoyable means for both of you to enjoy some special time together and strengthen your bonds.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✧✧

FSW Application Fees Waived

In order to minimize the financial burden of applying to college, prospective students can apply for admission to Florida SouthWestern State College (FSW) free-of-charge until Tuesday, November 7.

The decision to waive admissions application fees for all new applicants was made in order to support the many individuals and families who were affected by Hurricanes Harvey, Irma, and Maria, as well as the devastating earthquakes in Mexico.

"The recovery could take years and in some communities the damage is irrevocable. Many families now have to rebuild their lives from scratch," said Dr. Christy Gilfert, assistant vice president, enrollment and student success. "We're waiving the admissions application fee for these prospective students because earning a degree or obtaining new skills is a step many people can take to change their lives for the better."

For more information, contact the FSW Office of Admissions at admissions@fsw.edu, www.FSW.edu/admissions or 489-9054. An FSW Open House is scheduled for Wednesday, November 15 from 3 to 5:30 p.m. on the Fort Myers campus.✧✧

From page 1

Artist's Works

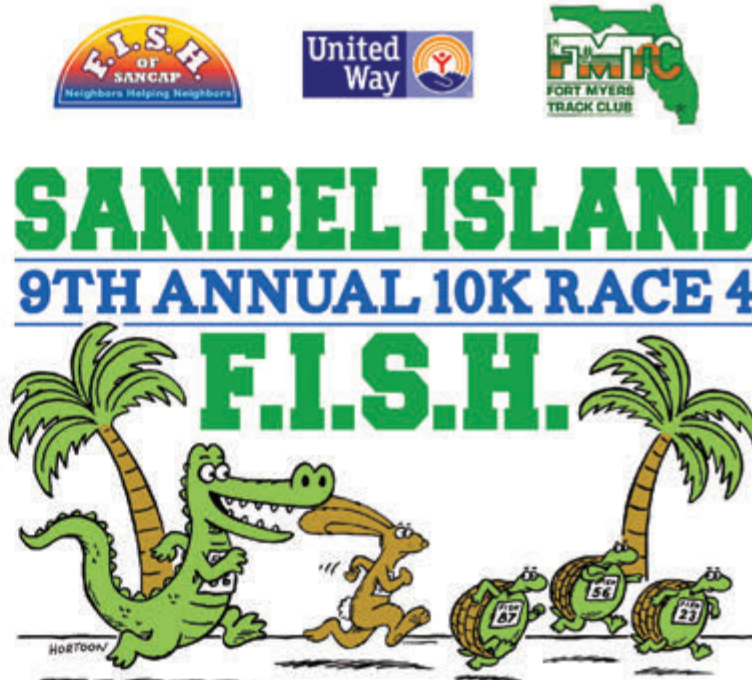
poetry (although the viewer can only see fragments) in the lower layers of some works. This adds poetic voice to her visual voice with the use of various papers and ephemera. Flaherty is especially fond of the hanji paper she discovered while visiting South Korea. She describes hanji as durable, delicate-looking, rusted,

unpredictable, damaged and delicate. Horses play a major role in her art, dreams and internal processing.

To RSVP or for more information, call 463-3909, email fmbaapublicity@gmail.com, visit www.fortmyersbeachart.com or stop by the Fort Myers Beach Arts Association Gallery, located at 3030 Shell Mound Boulevard. The gallery is open Monday through Saturday from 10 a.m. to 3 p.m.✧✧

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World Series Has Lived Up To The Hype With Two Best Teams In Baseball



by Ed Frank

It had been billed as a classic World Series played clearly between the two best teams in baseball. But adjectives, any adjective, cannot do justice to the epic battle between the Los Angeles Dodgers and the Houston Astros. Unfortunately, due to our press deadlines, I must write this column prior to Game 6 Tuesday night in Los Angeles and a possible Game 7 the next night. However, having watched Game 5 – a five-hour, 17-minute, 10-inning slugfest that didn’t end until the wee hours Monday morning, there is no question that baseball fanatics will long remember that record-setting game won by the Astros 13-12.

In fact, Astros fans will probably etch that game in their memories along with 9/11, Kennedy’s assassination and other historic events. Baseball historians had chronicled last year’s Series Game 7 won by the Chicago Cubs over the Cleveland Indians as the best ever, another 10-inning affair that earned the Cubs their first World Series title in 108 years. This year’s Game 5 should rank alongside that game. Let’s just examine the staggering numbers in the Astros-Dodgers Game 5: The 25 runs tied for the second most tallies in a World Series game. The teams combined for seven home runs, bringing the Series total to 22, breaking the previous record of 21 set by the Angels and Giants in 2002. It was the second longest game in World Series history, second only to Game Two of the 2005 World Series between the Astros and the Chicago White Sox that lasted five hours, 41 minutes. The Astros became just the fifth team in Series history to rally from three

Blueway Fishing Tournament

The Calusa Blueway Kayak Fishing Tournament returns to Matlacha on Saturday, November 11. The tournament will begin at safe light. Weigh-ins will be from noon to 3 p.m. and the ceremony will begin at 3:30 p.m. at the Old Fish House Marina. All proceeds from the tournament will benefit the Candlelighters of Southwest Florida, a charity that benefits childhood cancer research. All fishing will be catch, photo and release. Anglers must fish from paddlecraft on Lee County waterways. The tournament is a family fun event, featuring door prizes, raffles, food, live music, silent auctions and activities for the kids from noon to 4 p.m. It is organized by Gulf Coast Kayak and hosted by The Olde Fish House Marina. Local sponsors have donated the Gold (\$1,000), Silver (\$500) and Bronze (\$250) cash prizes this year. A Hobie Mirage inflatable fishing kayak will be given away

at the event. All registered anglers and anyone who participates in the Facebook contest have an equal chance to win. Gulf Coast Kayak will be giving away an additional kayak at the event. “We are proud of our long-standing partnerships to support charity events throughout Lee County. This is a great event, which continues to grow in popularity year after year. Gulf Coast Kayak is dedicated to doing good things in their community and promoting the Great Calusa Blueway, and we’re happy to be a part of it,” said Mike Hammond, Lee County Parks & Recreation’s Calusa Blueway coordinator. PointYbel Brewing Company will host the captain’s meeting and registration the night before the tournament. All anglers must be present. Registration begins at 6 p.m. and the captain’s meeting is at 7 p.m. The entry fee is \$65 per angler. For more information about Lee County Parks & Recreation, locations, amenities and special events, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com. [facebook.com/TheGreatCalusaBlueway](https://www.facebook.com/TheGreatCalusaBlueway) or [instagram.com/greatcalusablueway](https://www.instagram.com/greatcalusablueway).

separate deficits and just the second to come back from two three-run deficits. After the Dodgers scored three runs in the top of the ninth inning to knot the score at 12-12, Dodger’s Manager Dave Roberts brought in his closer, Kenley Jansen, the best in baseball. He shut down the Astros in the bottom of the ninth, but the bottom of the 10th was a different story. With two outs after hitting Brian McCann and walking George Springer, Jansen faced Alex Bregman. Speedster Derek Fisher ran for McCann. Bregman, who had never had a walk-off hit in his career, lined a Jansen 92-mile-an-hour cutter into left fielder, and Fisher dashed home with the winning run, setting pandemonium among the 43,000 fans in Minute Maid Park. The emotional roller-coaster of this game would be difficult, if not impossible to duplicate. But who knows? Remember this column was written before Game 6 and a possible Game 7 is played. **Everblades Remain Atop Division** The Florida Everblades hockey team began the week in first-place in the ECHL South Division after winning two of three games last week from the Indy Fuel to improve their season record to 6-1. The Everblades are on the road this week for two games at Orlando before returning home to Germain Arena next week against the Cincinnati Cyclones – Wednesday, Friday and Saturday nights.❄

Shell Point Open November 10

Southwest Florida golfers are invited to participate in Shell Point Retirement Community’s 14th annual Shell Point Open Charity Golf Tournament, which will be held on Friday, November 10 from 7 a.m. to 2 p.m. Presented by The Legacy Foundation at Shell Point, proceeds from the charity golf tournament will benefit the future Arts Center at Shell Point. Open to the public, the Shell Point Open will begin at The Club at Shell Point with breakfast at The Breezeway, followed by a four-person, scramble-style tournament on Shell Point’s championship 18-hole course. The tournament will conclude with a luncheon at the Banyan Grille. Breakfast, lunch, swag bags and the opportunity to win giveaways and hole-in-one prizes, including a two-year lease on a luxury car, are included in the \$150 player fee. Sponsors include title sponsor Wright Construction Group, premier sponsor DeAngelis Diamond and signature sponsor FineMark National Bank & Trust. “The arts and its expression have always played an important role in the developmental lives of our residents,” said Jeff Cory, executive director of The Legacy Foundation at Shell Point. “This state-of-the-art building is beautifully designed to accommodate programming spaces that will serve the mind, body and spirit of all Shell Point residents and visitors, including inspiring those who suffer from cognitive



Golfers will vie for hole-in-one prizes at Shell Point Retirement Community’s 14th annual Shell Point Open Charity Golf Tournament photo provided

related diseases, such as dementia.” The Club at Shell Point features an 18-hole championship golf course that opened in 2000. The course, open to the public, offers a driving range and practice green, lessons and a fully-stocked pro shop and snack bar. It is located at 17500 On Par Boulevard in Fort Myers. To reserve an individual spot, register a team, or learn more about sponsorship opportunities, call 466-8484 or visit www.shellpointgolf.com.❄

SPORTS QUIZ

1. Name the last Toronto Blue Jays pitcher before Aaron Sanchez in 2016 to win 10 straight games.
2. Who holds the record for most All-Star Games on the National League roster?
3. In 2016, Oakland’s Sebastian Janikowski became the NFL’s all-time leader in field goals of 50 or more yards. Who had held the mark?
4. During the 2016-17 season, two Division I men’s college basketball coaches reached the milestone of 800 career victories while coaching at their alma mater. Name them.
5. Who was the fastest NHL coach to 400 career wins?
6. Who was the last rookie driver before Alexander Rossi in 2016 to win the Indianapolis 500?
7. For the first time in 40-plus years, the ATP men’s tennis rankings at one point in 2017 had all five of its top players age 30 or older. Name them.

ANSWERS

1. Roy Halladay won 15 in a row in 2003. 2. Hank Aaron, Willie Mays and Stan Musial all played in 24 All-Star Games for the N.L. 3. Detroit’s Jason Hanson, who had 52 field goals of 50-plus yards. 4. Bob Huggins (West Virginia) and Roy Williams (North Carolina). 5. Bruce Boudreau did it in 663 games (2007-16). 6. Helio Castroneves, in 2001. 7. Andy Murray, Novak Djokovic, Stan Wawrinka, Rafael Nadal and Roger Federer.



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Round Robin Tournament, by skill level with instruction by Nick Bollettieri and IMG Academy pros. Plus enjoy an elegant champagne brunch by Sanibel Catering, a match, featuring Christie "Billie Jean King" Bradley and Toni "Bobby Riggs" Halski, noon during the court-side lunch.

EVENTS

- Tennis Clinic with Nick Bollettieri and IMG Academy Pros
- Doubles Round Robin Tournament (No partner needed)
- Continental breakfast and grilled brunch courtside
- Book signing and photo opportunities courtside
- Battle of the Sexes tennis match at noon

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Tournament Features Battle Of The Sexes

Lily & Co. Jewelers is once again partnering with International Tennis Hall of Fame Coach Nick Bollettieri and his IMG Academy team to present a Battle of the Sexes tennis event at Beachview Tennis Club on Saturday, November 11 from 9 a.m. to 2 p.m.

The match, featuring Christie “Billie Jean King” Bradley and Toni “Bobby Riggs” Halski, will take place at 11:30 a.m. during the courtside lunch. Bradley has been with The Sanctuary Golf Club for the past 24 years and currently serves as the director of racquet sports. Halski, owner of Beachview Tennis Club, has 36 years of professional experience and became legendary for his “tough love” clinics.

“We just couldn’t think of a more fun way to entertain everyone than with two tennis experts like Christie and Toni portraying the infamous 1973 match, which King won in three sets,” said Dan Schuyler, co-owner of Lily & Co. with Karen Bell and an avid tennis player. “It will be an unforgettable day of tennis and for a very worthy cause.”

Proceeds benefit the Ronald McDonald House Charities. Ronald McDonald may make an appearance.

The Doubles Round Robin play, divided by skill level, will include instruction by Bollettieri on one of the



Christie “Billy Jean King” Bradley and Toni “Bobby Riggs” Halski will compete in a Sanibel Battle of the Sexes photo provided

five HyrdroGrid clay courts. Awards will be presented to finalists of the intermediate and advanced divisions. “The idea is to help the everyday player, sure,” said Bollettieri. “But it is more about helping the community, the thing that is important to Dan (Schuyler) and Karen (Bell). I am delighted to be a part of it.”

Attendees will have the chance to win one of several raffle prizes from Lily & Co., Wrigley’s Tennis, Sanibel Catering Company, Beachview Tennis

Club and IMG Academy. There will be breakfast fare by Sanibel Catering Company and Champagne will be served courtside for the Battle of the Sexes.

Doron Hakimian, president and chief designer of Doves by Doron Paloma, will mark his third visit to Lily & Co. Jewelers with a trunk show during the tennis event at Lily & Co. A portion of the proceeds from the trunk show sales will go to the Ronald McDonald House Charities. Hakimian will also take part in the charity tennis event.

Player registration is \$100 and includes the youth clinic from 11 a.m. to noon. Spectator tickets are \$50 each. However, there is limited space available. To register as a player or spectator, visit or contact Dan Schuyler at Lily & Co. at 472-2888 or Toni Halski at Beachview Tennis Club at

472-9099.

Sponsors include Ed Bolter of Lamar Outdoor Advertising; Dr. Marius Espeleta, Pediatric Medicine; Skip Leonard of The Lee Health Foundation; Rich Venchey of Port Charlotte-based Wiggly Tennis; Duane Chaney of Arch Capital Advisory Group; The Bailey Family of Sanibel Catering Company; Lily Dodge of Edward Jones Investments; RS Walsh Landscaping; Alex Blgojevic, CFP, of Morgan Stanley; Brian Johnson, *Island Scene*; *Island Sun*; *Island Reporter*; and Dan and Ruthie Struble.

“We are grateful for all the support of these kind folks,” said Karen Bell of Lily & Co. “They represent the giving nature of our community and make us proud to call these islands our home.”

Beachview Tennis Club is located at 1101 Par View Drive.✧

FSW Pop-Up Play

Florida SouthWestern State College’s (FSW) School of Education will hold a Pop-Up Adventure Play on Saturday, November 4 from 1 to 4 p.m. in the Practice Field (across from the Lockmiller Child Care Center) in Fort Myers. Pop-up Adventure Play is free and open to children of all ages.

“At Pop-Up Play, children are invited to play however they wish with everyday materials that can be used in many different ways, such as cardboard boxes, paper towel tubes and art materials,” said Dr. Julia Kroeker, professor of Early Childhood Education at FSW. “These materials are open-ended and have limitless possibilities; a box could be a racecar, a castle, or a slide.

“Child-directed play has numerous benefits for children in all areas of development, including fostering



Children play in a cardboard house photo provided

problem-solving and communication skills, physical development, creativity and more. When children choose what and how to play, they are motivated by their own interests to learn and grow.”

For more information or to pre-register, contact Dr. Kroeker at 489-9382 or email Popupplay.fsw@gmail.com.✧

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Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall’s research and appreciate the accessible format, too.”

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Veterans Program

Veterans Florida, a non-profit created by the Florida Legislature to attract and retain veterans, has partnered with Florida Gulf Coast University’s (FGCU) Institute for Entrepreneurship and five other institutions of higher education to deliver the Veterans Florida Entrepreneurship Program, a new entrepreneurial training initiative for veterans in the state seeking to start their own businesses. The program is open to veterans currently serving active duty, reserve, Florida National Guard members or veterans who have been honorably discharged, reside in Florida and demonstrate a strong interest in entrepreneurship.

“The Veterans Florida Entrepreneurship Program offers veterans in the state access to high value, entrepreneurship education through our world-class state universities and colleges,” said Bobby Carbonell, executive director of Veterans Florida. “This education will empower the next generation of great veteran entrepreneurs to make lasting contributions to the state’s economy.”

Through the Veterans Florida Entrepreneurship Program, FGCU’s Institute for Entrepreneurship will be

offering workshops on November 9, and November 14, from 6 to 8 p.m., and December 2 from 9 a.m. to noon at the Emergent Technologies Institute off Alico Road.

In addition to workshops, the Institute for Entrepreneurship will be offering an advanced class for veterans, which is comprised of 60 hours of in-class training designed to prepare participants for all elements of launching their businesses. This pathway is reserved for qualifying veterans, and acceptance into this portion of the program is required. The advanced course concludes with a Compassionate Shark Tank Competition where veterans pitch their businesses to external judges. FGCU’s Institute will be awarding \$65,000 in seed funding to the top veteran businesses. To date, the Institute for Entrepreneurship has awarded over \$136,000 in seed funding to Veteran businesses originating from the program, thanks to donations from the Southwest Florida Community Foundation, the Richard M. Schulze Family Foundation, and the Schoen Family Foundation.

Space is limited. For more information, contact Amy Ridgway, program coordinator, at 590-7324, or aridgway@fgcu.edu. Veterans can register for workshops or courses at www.veteransflorida.org.✧

Doctor Earns Distinguished Surgeon Award

Eric Goldsmith, DO, was recently awarded the Charles L. Ballinger Distinguished Osteopathic Surgeon Award from the American College of Osteopathic Surgeons (ACOS). This award recognizes ACOS members for their outstanding accomplishments as a surgeon, educator and/or researcher.

Dr. Goldsmith balances roles as both a general and oncologic surgeon with Lee Physician Group and the medical director of academics and medical education for Lee Health.

“Dr. Goldsmith is very deserving of this award,” said Venkat Prasad, MD, chief medical officer of Lee Physician Group. “His dedication, commitment and leadership in surgery are valued, and we are proud to have him as a partner in Lee Physician Group.”

A graduate of the University of Osteopathic Medicine and Health Sciences in Des Moines, Iowa, Dr. Goldsmith completed a general surgery residency



Dr. Eric Goldsmith photo provided at Metropolitan Hospital in Springfield, Pennsylvania and oncologic surgery training at Memorial Sloan-Kettering Cancer Center in New York, New York. He is board certified in general surgery.✧✧

Nursing Programs Accreditation Reaffirmed

Florida SouthWestern State College’s (FSW) associate in science in nursing (ASN) and bachelor of science in nursing (BSN) degree programs have received continuing accreditation from the Accreditation Commission for Education in Nursing. The programs were reaffirmed through 2025.

“Accredited programs are a validation to our future students, healthcare affiliates and the population of our community that we are training and graduating competent practitioners,” said Dr. Deborah Selman, interim associate dean, nursing programs. “Formal recognition for continuing accreditation demonstrates that we are in

compliance with all accreditation standards established by our educational community and recognized by the United States Department of Education.”

“During the survey process in early spring, our community partners expressed overwhelming positive comments related to their experiences with our FSW faculty, nursing students, and our graduates,” said Dr. Marie Collins, dean, School of Health Professions.

“Our students reported complimentary recommendations that our nursing program has properly equipped them to be highly functional within the clinical environments,” Dr. Selman said. “I commend the support of our college and nursing faculty that are committed to providing quality didactic learning and clinical training for our future entry level registered nurses and advanced degree nurses.”✧✧

Medicare Open Enrollment Begins

The Medicare Open Enrollment Period is underway through December 7, and the Area Agency on Aging for Southwest Florida reminds Medicare beneficiaries that now is a good time to review their Medicare coverage. For those considering making changes to coverage, SHINE is available to help.

The Agency’s SHINE (Serving Health Insurance Needs of Elders) program volunteers are specially trained Medicare counselors who are available to provide free, impartial information and personalized assistance throughout Southwest Florida. During the Medicare Open Enrollment Period, SHINE counselors will offer information and assistance from 10 a.m. to 3 p.m. at the Area Agency on Aging for SWFL, 15201 North Cleveland Avenue suite 1100, North Fort Myers, every Tuesday until November 28 and on Thursday, November 30; Hope

Lutheran Church, 25999 Old 41 Road., Bonita Springs, on Friday, November 3; Peace Lutheran Church, 15840 McGregor Boulevard, Fort Myers, on November 8; East County Regional Library, 881 Gunnery Road, Lehigh Acres, November 9; Chapel by the Sea, 100 Chapel Street, Fort Myers Beach, on November 14; and FISH of SANCAP, 2430-B Periwinkle Way, Sanibel on November 16. Appointments are not necessary.

To receive optimal assistance, individuals interested in SHINE Medicare counseling should go prepared with a list of current prescriptions including dosages, and their current Medicare plan information. A review of projected next-year prescription costs can sometimes yield a savings of several hundred dollars or more for Medicare beneficiaries.

Medicare beneficiaries who are unable to attend one of the sessions may call the Elder Helpline toll-free at 1-866-41-ELDER (1-866-413-5337) and ask for a referral to speak with a SHINE counselor from one of our local counseling sites.✧✧

New Facelift Enhancements To Be Explained

Facial Plastic Surgeon Dr. Stephen Prendiville will explain the differences and benefits of a traditional surgical facelift versus the new liquid facelift and the different types of injectable fillers at a free seminar at the Hilton Garden Inn Fort Myers Airport on Friday, November 17. The free seminar begins at 11:30 a.m. with a light lunch.

Dr. Prendiville says a combination of surgical facelift and injectable fillers often yields the best results for patients who want a more youthful appearance.

“There are so many options now for facial rejuvenation that didn’t exist a few years ago. Although the surgical facelift is a structural, self-volumizing procedure, for some patients adding additional volume to the cheek area with fillers is beneficial and advantageous,” said Dr. Prendiville, who also is medical director of the Assuage Luxury Spa in Fort Myers and Naples.

To reserve a seat for the seminar, call 437-3900. Space is limited.

“Liquid facelifts are the newest trend in facial rejuvenation because there is no surgery, no anesthesia required and no downtime, but we’re finding that results are often best when fillers are added as an enhancement to a surgical facelift,” said Dr. Prendiville.

Hilton Garden Inn Fort Myers Airport at Gulf Coast Town Center is located at 16410 Corporate Commerce Court. For more information, visit www.drprendiville.com.✧✧



Dr. Stephen Prendiville photo provided



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How Watercress Slows Down Cancer Growth



by Suzy Cohen, RPh

Dear Readers: October is Breast Cancer Awareness month, so today I'd like to share with you some little-known facts about one vegetable and its impact on breast health. It's

watercress and, even though most doctors will argue that the more chemotherapeutic drugs (anti-cancer drugs) the better, I still feel strongly that we can make dietary changes that improve outcomes, whether or not you take chemo. They may poo-poo this thinking, but I still feel that eating specific foods can have a positive impact on your outcomes.

Research is clear and shows that a great deal of people give up on chemotherapy and fail to adhere to conventional medical treatments. Many stop altogether or they begin to integrate various holistic remedies and dietary changes. This makes me think of watercress.

Watercress, belongs to the cruciferous vegetables, same as broccoli and cauliflower, but it's not as popular as those. Still, I want to give it some love and attention today because it has some powerful, tumor-fighting compounds in it. Plus, we already know from empirical evidence that 30 to 40 percent of all cancers somehow benefit or respond from proper nutrition.

Researchers have investigated how watercress can be beneficial in breast cancer and other cancers. In a study published in the British Journal of Nutrition, a group of breast cancer

survivors went through a phase of fasting, before consuming a bowlful of watercress about the size of a cereal bowl (approximately 80 grams of watercress).

They took some blood samples from the women, at intervals over the next 24 hours.

Their blood evaluations found rather significant levels of a plant compound called phenylethyl isothiocyanate or PEITC for short. This PEITC starves the cancer cells.

This PEITC inhibits a protein called HIF (Hypoxia Inducible Factor) which is responsible for signaling normal tissue around the tumor to send oxygen and nutrients to the tumor cells. HIF is not playing nice; it's making your own cells boost cancer growth.

Am I saying watercress cures cancer? Of course not, but eating certain foods like watercress can't hurt you, it can only help you. More than anything, it puts you in a pro-active position which is empowering. Let's face it, hearing the word "cancer" is heart-stopping. Having something you can do that is so simple is crucial.

The researchers in the study actually validated the effects of the watercress compound PEITC; they weren't guessing. They physically measured blood levels of that HIF in their bloodstream and saw it declining progressively after eating watercress. That is just so amazing!

Another study back in 2004, evaluated how PEITC impacts the speed at which cancer cells grow (termed proliferation) and tumorigenesis (the formation of tumors). The scientists were able to confirm that watercress inhibits cancer cell growth and not only that it makes cancer cells commit suicide, a process called apoptosis. It means the party's over for the cancer cells.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✧

Plant-Based Living Group Formed

For those individuals interested in or already living a whole-food, plant-based lifestyle, Lee Health's Healthy Life Center launched a monthly meet-up group to share recipes and provide support. The group meets at the Healthy Life Center – Coconut Point, 23190 Fashion Drive, Suite 105, in Estero on the first Wednesday of the month at 11:30 a.m. It also meets at the Wellness Center – Cape Coral, 609 SE 13th Court, in Cape Coral on the second Tuesday of the month at 5:30 p.m.

"We created this group because we know that changing eating habits and staying on track with those habits isn't easy," said Molly Grubbs, director, Healthy Life Center. "The group, which is led by lifestyle coach and

certified nutrition and wellness expert Lora Ulrich, provides an opportunity to share stories, tips and recipes, and ask questions and get answers about a whole-food, plant-based lifestyle."

A whole-food, plant-based lifestyle can help: support gut health; reduce sugar cravings; strengthen the immune system; and reduce inflammation.

Ulrich says she struggled with weight loss, lack of energy, asthma, allergies, headaches and thyroid issues before changing her diet. "Through nutrition I have been able to achieve and maintain my ideal weight, and I've gotten off all medications except for thyroid medications," she said. "I'm not only trained in nutrition and wellness, I live it every day of my life."

The whole-food, plant-based living group is free to join. For more information or to register to participate, call 424-3210 or email HealthyLifeCenter@LeeHealth.org.✧

Doctor and Dietician

Barré-Lieou (Cervicocranial) Syndrome

by Ross Hauser, MD
and Marion Hauser, MS, RD

Barré-Lieou (cervicocranial syndrome) is a syndrome involving a host of seemingly random symptoms. These symptoms range from dizziness, facial numbness/pain, tearing, neck clicking/pain, memory/thinking problems, vision disturbances, hoarseness, ear ringing/pain, eye pain/vision problems, migraine, chronic sinus infections, and pins and needle sensations of the arms and hands. Cervicocranial syndrome symptoms often increase with neck motion and are very similar to those of post-whiplash or post-concussion syndrome. Cervicocranial syndrome is thought to be due to a dysfunction of the nerves near the vertebrae of the neck, which may develop after a traumatic injury to the skull base and the first two neck vertebrae, the atlas and/or axis (C1, C2). A high

percentage of neck motion occurs at the C1, C2 junction, yet this area has no intervertebral disks between levels, but rather stabilizing ligaments and cartilaginous articulations. When these ligaments become weak from injury or excessive forward head posture (as occurs from hours hunched over phones and computers), cervical instability and abnormal joint motion ensues.

Although vast, the symptoms of cervicocranial syndrome really aren't random. The nerves (autonomic nervous system) that run through the C1, C2 area regulate the automatic systems like heart rate, blood pressure and breathing, and control the head, neck and face. In cervicocranial syndrome, that nerve system becomes underactive when the nerves are pinched. Headaches develop because the blood vessels dilate with the pinched nerves, and dizziness and ringing in the ear occur because of fluid accumulation in the inner ear. Because of the varied symptoms, cervicocranial syndrome is often difficult to diagnose and treat because most people chase the symptoms instead of stabilizing the weakened ligaments that lead to the symptoms. Regenerative injection treatments (prolotherapy) to the upper cervical spine can usually resolve the underlying cervical instability and the symptoms of Barré-Lieou syndrome.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

Lee Health Auxiliary Groups Install Boards

The Lee Health Auxiliaries, including Cape Coral Hospital Auxiliary, Gulf Coast Medical Center Auxiliary and Lee Memorial Auxiliary (which includes HealthPark Medical Center, Golisano Children's Hospital of Southwest Florida and Lee Memorial Hospital), recently installed their new boards of directors and officers for 2017-18. Lee Health President & CEO Larry Antonucci, MD, MBA, swore in the new leaders at a luncheon held at Fiddlesticks Country Club in Fort Myers.

Many auxiliary members, Lee Health Board of Directors, Lee Health Foundation leaders and board of directors and Lee Health senior leaders were in attendance. In addition to installing the new leadership, retiring officers were recognized and honored for their service. Auxilians also celebrated their fundraising efforts during the past year.

During the 2016-17 business year, the three Lee Health auxiliaries donated

nearly \$1.5 million for scholarships, projects, programs, equipment and technology to benefit Lee Health patients, families, employees and the Southwest Florida community.

The auxilian leaders installed for the 2017-18 year include:

Cape Coral Hospital Auxiliary – Carol Anderson, president; Tom Grippe, president-elect; Lynne Benson, vice president – membership; Jocelyne Pickel, vice president – fundraising; Arlene Tompkins, recording secretary; Jack Hess, treasurer; and Ginny Cappucci, assistant treasurer

Gulf Coast Medical Center Auxiliary – Eileen Winter, president; Gary Gold, president-elect; Ned Bolton, vice president; Mary Callaway, treasurer; and Kathleen Capobianco, secretary

Lee Memorial Auxiliary – Jim Andrews, president; Sandy Heise, president-elect/vice president – membership; Jean Perkins, vice president – fundraising; Karen Endersbee, vice president – Lee Memorial Hospital; Ketki Shah, vice president – HealthPark Medical Center; Bob Lotz, vice president – Golisano Children's Hospital of Southwest Florida; Nancy Sammons, secretary; and Ron Currie, treasurer.✧



Florida Snapper Macadamia

photo courtesy Fresh From Florida

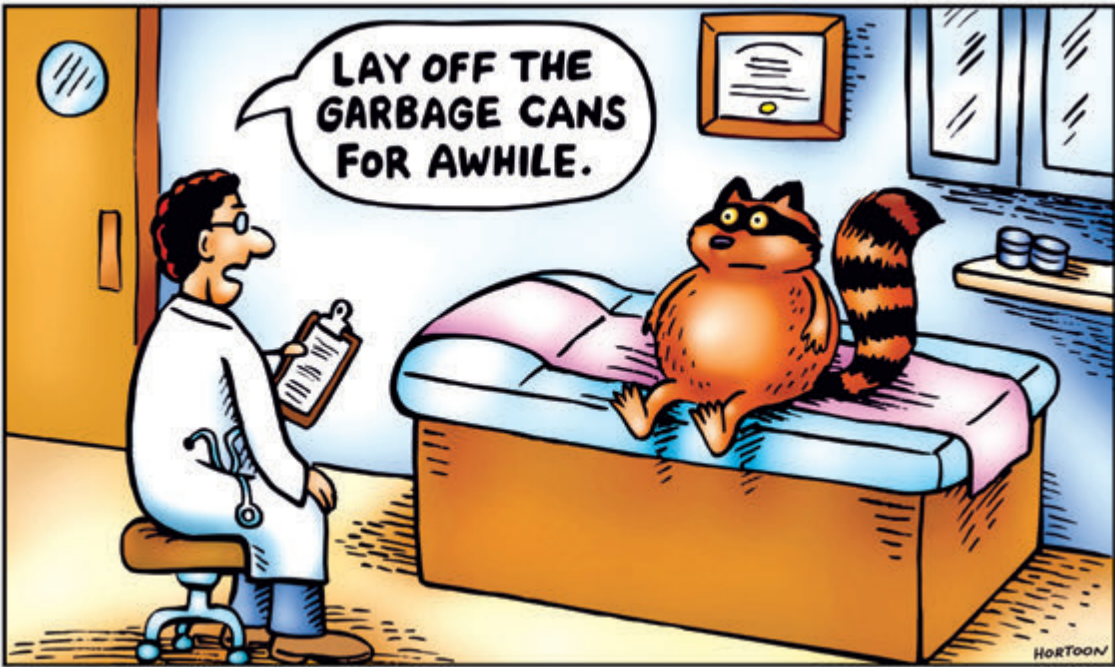


Florida Snapper Macadamia

- 1/2 cup all purpose flour
- 2 large eggs
- 2 cups macadamia nuts, finely chopped
- Salt, to taste

Ground black pepper, to taste
6 six-ounce snapper fillets
4 tablespoons olive oil
Place flour in shallow plate. Whisk eggs in small bowl until blended. Place macadamia nuts on another shallow plate. Sprinkle fish with salt and pepper. Coat fillets with flour; dip into egg mixture then coat fillets with macadamia nuts. Heat oil in a heavy large skillet over medium heat. Place fillets in skillet; cook four minutes per side until golden brown and opaque in center. Serve with jasmine rice.
Yield six servings.*

HORTOONS



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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PUZZLES

Answers on page 29

Super Crossword

WINE-INFUSED

- ACROSS**

1 Broilers, e.g.
6 Incited, with "on"
11 Emit violently
15 Jules Verne captain
19 Holy artifact
20 Persona
21 Witty Bombeck
22 In between
23 Wine-loving actress?
26 Ruination
27 Tot's "piggy"
28 "The horror!"
29 "— be a pleasure"
30 Meter inserts
31 Fixed charge
33 Like pretty decent wine?
38 "Son of," in Arabic
39 Actress Garr
41 Used to live
42 Untold eras
43 Pirate's place
44 Olympic sport that wine drinkers compete in?
50 Wears
51 Knead
52 Academic URL ender
- 53 Lubed (up)
57 Exam giver
59 Comedian telling jokes about wine?
64 Cedar, say
66 Egg cells
67 Franz's skit partner
68 In the way of
69 Spanish pot
72 Vegetable piece dipped in wine?
76 "Fix" at the vet's
77 Brazilian hot spot, in brief
78 Autumn pear
79 — and aah
80 Lamarr of "Algiers"
82 Wine-sipping nightclub vocalist?
87 Adventurous
91 Response to "Am not!"
92 Negative or positive thing
93 Klutzy person
95 Bush-league
96 Wine aficionados' electoral race?
102 Fancy resort
105 Juan's "two"
- 106 Wedding vow
107 Plumlike fruit
108 Feel sorry about
109 Wine-fancying jazz trumpeter?
114 Graphic material with no gray areas
116 See 60-Down
117 Bridal bio word
118 Work measures
120 Fix illegally
121 Muddy earth
122 Planetary features formed from wine?
128 News tidbit
129 Opera tune
130 Queasy
131 "The Brandon — Story" (1998 film)
132 Sutures
133 Banana skin
134 Horses' runs
135 Build upon
- 3 Top Untouchable
4 West African country
5 Zool., for one
6 Two-options-only
7 FBI figures
8 West African country
9 Big head
10 The, to 67-Across
11 Make sure of
12 Madrid art museum
13 Grounded bird
14 Ear clogger
15 Big wheel
16 PC-to-PC notes
17 Mickey's girlfriend
18 City in Texas
24 Bellboy, often
25 More flighty
30 Huge guns
31 Viewed thing
32 One who's expiating
34 MYOB part
35 Road coater
36 Toon unit
37 — polloi
40 Radio's Don
45 Terra —
- 46 Really hate
47 Joseph of ice cream
48 Raw fish dish
49 PC image file
54 Vault (over)
55 Raines of old Hollywood
56 Pivotal WWII event
58 Military info-gathering
60 With 116-Across, "Mildred Pierce" actress
61 Betray by finking
62 Every single
63 Tattooed
65 "Anyone —?"
69 Ocean threat
70 Fibbing type
71 Ear piece
73 — out (depict something via charades)
74 Drench, in dialect
75 2003-07 Fox teen drama
76 Arab country
78 Ponder
- 81 Get a bit wet
83 Sci-fi ability
84 "... or — thought"
85 Cuts into
86 Arena yells
88 Firmly fixed
89 Not pressing
90 Wave to, say
94 Easy victims
97 Chaney of silents
98 Suffix with 9-Down
99 Idaho county
100 Typed guffaw
101 A bit wet
102 Hindu sages
103 Fool's gold
104 British prince
110 Swarms
111 Actress Potts
112 Like princes
113 Famous fable writer
115 Did it wrong
119 Bring down, as a building
122 Q-Tip's style
123 Hot temper
124 Woodsy, e.g.
125 Egg — yung
126 Hellenic vowel
127 — Paulo

1	2	3	4	5		6	7	8	9	10		11	12	13	14		15	16	17	18	
19						20						21					22				
23						24						25					26				
	27					28						29					30				
31				32				33	34	35				36	37						
38				39				40		41				42				43			
44				45				46					47	48				49			
50						51					52					53		54	55	56	
57						58		59		60	61				62	63					
						64			65		66				67				68		
69	70	71				72		73				74	75					76			
77						78						79				80		81			
82				83					84	85				86		87			88	89	90
91								92					93		94		95				
						96		97	98				99	100			101				
102	103	104			105						106				107				108		
109				110					111	112				113		114			115		
116								117						118	119				120		
121						122	123					124	125					126			
128						129						130						131			
132						133						134						135			

King Crossword

- ACROSS**

1 Dutch earth-ware city
6 Ado
12 More blood-stained
13 Unilateral
14 Rhododen-dron cousin
15 Busy
16 Small plateau
17 Rocketry org.
19 Started
20 Group of actors
22 Omega pre-ceder
24 Second per-son
27 Church furni-ture
29 Lecher's look
32 Toady
35 Transcending (Pref.)
36 Mine car
37 Ball holder
38 Hooter
40 Sans escort
42 Tablet
44 Inauguration recitation
46 Mine entrance
50 Captivate
52 Intertwine
54 Swear (to)
55 Like thunder
56 Prolonged
- attacks
Put into words
Mine car
Ball holder
Hooter
Sans escort
Tablet
Inauguration recitation
Mine entrance
Captivate
Intertwine
Swear (to)
Like thunder
Prolonged
- 10 Wash
11 Watched
12 School of whales
18 If all else fails
21 Zoo favorite
23 "Help!"
24 Thanksgiving veggie
25 Unclose
26 Modern
28 Spreads
30 Shelter
31 Preceding
33 Legislation
34 "— Little
- Teapot"
Untethered
Greek conso-nant
Carrots' part-ners
Con
— and letters
Plastic user's concern
Capri or Wight
Biblical pos-sessive
"Family Guy" daughter
Enthusiast
- DOWN**

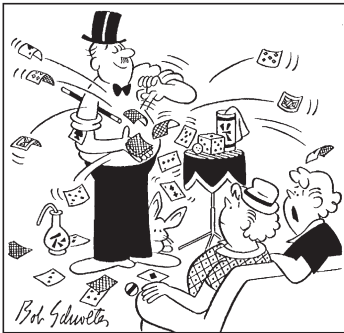
1 Nap
2 Historic times
3 Light purple
4 Doctor's due
5 Area near the apse
6 Feathery neckwear
7 Open a bottle
8 Collection
9 Stephenie Meyer series

MAGIC MAZE THE COLOR YELLOW

H B Y W U R P N K I G D D B Z
X D V S S Q O M K I G A E C A
Y W L M U S T A R D U N S Q P
N L J O H B F E C A Y D D X V
U S H I G H L I G H T E R Q P
N M B U L L D O Z E R L I B Y
K J U H E G G Y O L K I B A R
F E T C M N B Z Y H X O G N A
V U T T O R U Q B A C N I A N
P O E M N L H S A U Q S B N A
K I R T H G I L N O I T U A C

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Banana
Big Bird
Bulldozer
Butter
- Cab
Canary
Caution light
Dandelions
- Egg yolk
Highlighter
Lemon
Mustard
- School bus
Squash
Sun



"Every man should have a _____
Harry's is making a fool of himself."

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Yield

Sponsor

Trifle

Prove

TODAY'S WORD

7	1			6		9		
	3				8	6	2	
		5	3		9			4
	9		1	4				2
8		2			6		1	
		4		8		3	6	
9			5			7		6
6	2				4		5	
		1	6	7				8

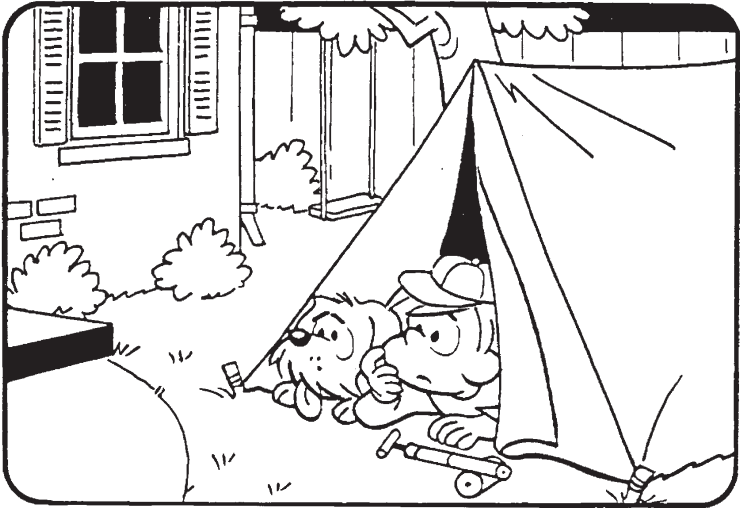
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

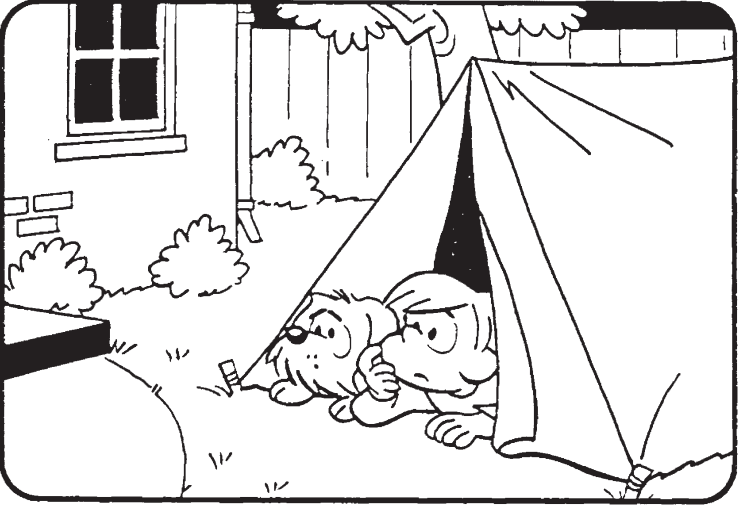
answer on page 29

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Shutters are missing. 2. Swing is missing. 3. Dog's tongue is hidden. 4. Cap is missing. 5. Bug sprayer is missing. 6. Flap is smaller.

Puppy Needs Heart Surgery And Your Help

Gulf Coast Humane Society's rescue puppy, Angus, needs help. The 19-week old Mastiff mix puppy, is scheduled to have a heart surgery procedure called balloon valvuloplasty to help correct an abnormality of his pulmonic valve. The procedure is needed to help save Angus' life.

"Dogs with a moderate to severe form of this condition can have exercise intolerance, fainting with exertion, right sided congestive heart failure and a shortened life span," said Dr. Wendy Arsenault, who will be performing the surgery for Southwest Florida Veterinary Specialists & 24-Hour Emergency Hospital in Bonita Springs. "The normal pressure in the right ventricle is approximately 16 mmHg. Angus' pressure at his initial evaluation was 153mmHg, which is severe."

Angus' surgery costs will be covered by GCHS' Second Chance Fund, which allows people to donate directly to the care of sick and special needs animals and helps to alleviate some of the financial cost which comes with their



Angus photo provided extra care needed. All monies donated to the Second Chance Fund will directly offset the medical cost for those pets with needs beyond routine medical care. "The Second Chance Fund is the last chance for many of these animals," said GCHS executive director Jennifer Galloway. "The fund was created to help these special needs animals, who have no one else to turn to. Angus is a beautiful puppy and deserves to live a full and healthy life."

"Angus is an absolute goofball and very lazy," said Samantha Scott, one of his foster parents. "He's silly and

definitely unaware of his size. He loves to lay under things or crawl into small spaces. He also rolls a lot. If he's running, he'll forget to slow down or trip on his large puppy feet and go rolling. Or, if he's lying on something, he'll roll over not realizing an edge is nearby and sometimes roll off."

The surgery Angus will undergo has an approximately an 85 to 88 percent success rate. Angus will continue to have a heart murmur for life, but as long as the blood flow is improved, this is acceptable and to be expected.

The cost for Angus' surgery is estimated to be \$2,800 to \$3,200, with initial work-up costs running up to \$500, but Southwest Florida Veterinary Specialists & 24-Hour Emergency Hospital is partnering with GCHS and providing a 50-percent discount.

"We are very appreciative of Southwest Florida Veterinary Specialists & 24-Hour Emergency Hospital and their gracious discount," Galloway said. "But there still are some major costs for Angus' surgery, and the Second Chance Fund is the best route towards providing that sweet puppy a long and healthy life."

To contribute to the Second Chance Fund, visit www.gulfoasthanesociety.org and click the red "Donate Now" button on the home page with Angus'

photo and story. Your donation will go directly to the Second Chance Fund. Donations can also be mailed to: Second Chance Fund, c/o Gulf Coast Humane Society, 2210 Arcadia Street, Fort Myers, FL. 33916. Phone calls can be directed to 332-0364.✱

Donor Match Nears \$50,000

Gulf Coast Humane Society (GCHS) is close to the \$50,000 match goal to help recoup losses from Hurricane Irma. Thanks to a generous longtime GCHS supporter, who wants to remain anonymous, closing that gap from a week's worth of lost revenue is realistic.

"We are very close to making the goal," said GCHS executive director Jennifer Galloway. "We just need one more final push, and that goal will be met. This means a lot in terms of financial help for GCHS. We really need to raise every penny to match our donor's contribution."

A huge stream of food and supply donations were also received. Truckloads of donations were delivered from as far as Maryland. The overflowing food supply was shared with the local

continued on page 31

	FRIDAY Mostly Cloudy High: 81 Low: 72		SATURDAY Mostly Cloudy High: 84 Low: 74		SUNDAY Mostly Cloudy High: 80 Low: 71		MONDAY Mostly Sunny High: 79 Low: 70		TUESDAY Sunny High: 78 Low: 69		WEDNESDAY Sunny High: 81 Low: 71		THURSDAY Sunny High: 78 Low: 69
--	--	---	--	---	--	---	---	---	---	---	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	12:23 am	6:58 am	1:49 pm	6:42 pm	Fri	12:54 pm	7:00 am	11:55 pm	6:44 pm	Fri	12:39 am	7:23 am	1:36 pm	7:24 pm	Fri	2:33 am	10:14 am	3:59 pm	9:58 pm
Sat	12:50 am	7:42 am	2:42 pm	7:12 pm	Sat	1:47 pm	7:44 am	None	7:14 pm	Sat	1:05 am	8:09 am	2:24 pm	8:05 pm	Sat	3:00 am	10:58 am	4:52 pm	10:28 pm
Sun	None	None	None	None	Sun	None	None	None	None	Sun	None	None	None	None	Sun	None	None	None	None
Mon	None	None	None	None	Mon	None	None	None	None	Mon	None	None	None	None	Mon	None	None	None	None
Tue	None	None	None	None	Tue	None	None	None	None	Tue	None	None	None	None	Tue	None	None	None	None
Wed	None	None	None	None	Wed	None	None	None	None	Wed	None	None	None	None	Wed	None	None	None	None
Thu	None	None	None	None	Thu	None	None	None	None	Thu	None	None	None	None	Thu	None	None	None	None

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PUZZLE ANSWERS

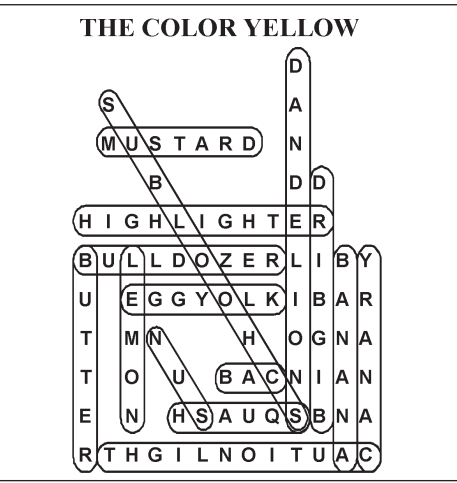
SUPER CROSSWORD

O	V	E	N	S	E	G	G	E	D	S	P	E	W	N	E	M	O
R	E	L	I	C	I	M	A	G	E	E	R	M	A	A	M	I	D
B	R	I	G	I	T	T	E	B	O	R	D	E	A	U	X	B	A
T	O	E	O	H	N	O	I	T	D	C	O	I	N	S			
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C	A	B	E	R	N	E	T	S	I	N	G	E	R				
A	R	E	S	O	I	O	N	O	A	F	M	I	N	O	R		
S	P	A	D	O	S	I	D	O	S	L	O	E	R	U	E		
W	Y	N	T	O	N	M	A	R	S	A	L	A	L	I	N	E	A
A	R	D	E	N	E	E	R	G	S	R	I	G					
M	I	R	E	R	I	N	G	S	O	F	S	A	U	T	E	R	N
I	T	E	M	A	R	I	A	W	O	O	Z	Y	T	E	E	N	A
S	E	W	S	P	E	E	L	L	O	P	E	S	A	D	D	T	O

KING CROSSWORD

	D	E	L	F	T		B	U	S	T	L	E	
G	O	R	I	E	R		O	N	E	W	A	Y	
A	Z	A	L	E	A		A	C	T	I	V	E	
M	E	S	A		N	A	S	A	L	E	D		
Y	O	U		P	E	W	S		O	G	L	E	
A	P	P	L	E	P	O	L	I	S	H	E	R	
M	E	T	A		T	R	A	M		T	E	E	
P	A	D		O	A	T	H		A	D	I	T	
E	N	A	M	O	R		E	N	M	E	S	H	
A	T	T	E	S	T		R	U	M	B	L	Y	
S	I	E	G	E	S		S	T	A	T	E		

MAGIC MAZE



SUDOKU

7	1	8	4	6	2	9	3	5
4	3	9	7	5	8	6	2	1
2	6	5	3	1	9	8	7	4
3	9	6	1	4	7	5	8	2
8	5	2	9	3	6	4	1	7
1	7	4	2	8	5	3	6	9
9	8	3	5	2	1	7	4	6
6	2	7	8	9	4	1	5	3
5	4	1	6	7	3	2	9	8

My Stars★★★★

FOR WEEK OF NOVEMBER 6, 2017

ARIES (March 21 to April 19) Your honesty continues to impress everyone who needs reassurance about a project. But be careful you don't lose patience with those who are still not ready to act.

TAURUS (April 20 to May 20) Pushing others too hard to do things your way could cause resentment and raise more doubts. Instead, take more time to explain why your methods will work.

GEMINI (May 21 to June 20) Be more considerate of those close to you before making a decision that could have a serious effect on their lives. Explain your intentions and ask for their advice.

CANCER (June 21 to July 22) You might have to defend a workplace decision you plan to make. Colleagues might back you up on this, but it's the facts that will ultimately win the day for you. Good luck.

LEO (July 23 to August 22) The Big Cat's co-workers might not be doing enough to help get that project finished. Your roars might stir things up, but gentle purrr-suasion will prove to be more effective.

VIRGO (August 23 to September 22) Someone you care for needs help with a problem. Give it lovingly and without judging the situation. Whatever you feel you should know will be revealed later.

LIBRA (September 23 to October 22) While you're to be admired for how you handled recent workplace problems, be careful not to react the same way to a new situation until all the facts are in.

SCORPIO (October 23 to November 21) Rely on your keen instincts as well as the facts at hand when dealing with a troubling situation. Be patient. Take things one step at a time as you work through it.

SAGITTARIUS (November 22 to December 21) Your curiosity leads you to ask questions. However, the answers might not be what you hoped to hear. Don't reject them without checking them out.

CAPRICORN (December 22 to January 19) Be careful not to tackle a problem without sufficient facts. Even sure-footed Goats need to know where they'll land before leaping off a mountain path.

AQUARIUS (January 20 to February 18) Appearances can be deceiving. You need to do more investigating before investing your time, let alone your money,

in something that might have some hidden flaws.

PISCES (February 19 to March 20) Your recent stand on an issue could make you the focus of more attention than you would like. But you'll regain your privacy, as well as more time with loved ones by week's end.

BORN THIS WEEK: You're a good friend and a trusted confidante. You would be a wonderful teacher or a respected member of the clergy.

THIS WEEK IN HISTORY

• On Nov. 6, 1977, the Toccoa Falls Dam in Georgia bursts, and the resulting flash flood kills 39 people. The day before, a volunteer fireman had inspected the 100-year-old Earthen dam above the falls and found everything in order.

• On Nov. 7, 1944, Franklin Roosevelt is re-elected president of the United States for a record third time, defeating Thomas Dewey, the governor of New York, and becoming the only president in history to win a fourth term in office.

• On Nov. 8, 1895, in his lab in Germany, physicist Wilhelm Conrad Rontgen becomes the first person to observe X-rays while testing whether cathode rays could pass through glass. Rontgen received numerous accolades for his work, including the first Nobel Prize in physics in 1901.

• On Nov. 9, 1938, German Nazis launch a campaign of terror against Jews in Germany and Austria. The violence was dubbed "Kristallnacht," or "Night of Broken Glass," for the countless smashed windows of 7,500 Jewish-owned establishments. Some 100 Jews died, and hundreds of synagogues and homes were damaged.

• On Nov. 10, 1964, Secretary of Defense Robert McNamara says that the United States has no plans to send combat troops into Vietnam. By 1969, more than 500,000 American troops were in South Vietnam.

• On Nov. 11, 2000, a cable car taking skiers to a glacier in Austria catches fire as it passes through a mountain tunnel; 156 people die. Only 11 people survived the fire, which was caused by an illegal space heater in the driver's cabin.

• On Nov. 12, 1980, the U.S. planetary probe Voyager 1 edges within 77,000 miles of Saturn, sending back 30,000 images

that show hundreds of rings encircling the planet. Voyager 1, now in interstellar space, contains a disk featuring natural and manmade sounds of Earth.

STRANGE BUT TRUE

• It was 20th-century American author and college professor David Foster Wallace who made the following sage observation: "There is no such thing as not voting: you either vote by voting, or you vote by staying home and tacitly doubling the value of some diehard's vote."

• Those who study such things say that many ancient Greeks carried coins in their mouths -- clothing of the time lacked pockets, you see.

• In late 19-century America, parts of New England had a rather unusual Halloween tradition. Evidently, in many rural communities, boys would celebrate by throwing cabbage, corn and other rotten vegetables.

• If you're like many wage slaves, as the end of the workweek approaches you might find yourself doing busywork -- trying to look as if you're working when, in fact, you're just shuffling papers or otherwise avoiding productivity. Well, there's a word for that: fudgel. Fudgeling may not be an approved workplace activity, but it's undeniably a part of the American workplace.

• If you look closely at the Mona Lisa, Leonardo da Vinci's famed masterpiece, you might notice that the famously enigmatic subject is entirely lacking in eyebrows.

• It may not come as a surprise that when scorpions mate, it's a rather violent affair. When the act is completed, the female stings her partner to death, then eats him.

• In 1993, voters in San Francisco voted on a ballot measure to determine whether police officer Bob Geary would be allowed to walk his neighborhood beat while carrying his ventriloquist's dummy, known as Brendan O'Smarty. The measure passed, and O'Smarty remained on the job.

• It's been reported that in the Mexican city of Tehuantepec, women outnumber men by five to one.

THOUGHT FOR THE DAY

"Life is a four-letter word." -- Lenny Bruce

SCRAMBLERS

solution

1. Harvest; 2. Booster;
3. Dabble; 4. Verify

Today's Word
HOBBY

TRIVIA TEST

1. **Science:** What is the first element on the Periodic Table?
2. **Mythology:** What was the name of King Arthur's sword?
3. **Astronomy:** Which planet in our solar system has the most moons?
4. **Geography:** Which U.S. state is host to the Mount Rushmore National Memorial?
5. **Chemistry:** What two elements is the alloy bronze usually made of?
6. **Games:** In Scrabble, what is the value of the letter Z?
7. **U.S. States:** What is the capital of Hawaii?
8. **General Knowledge:** How many time zones are in the world?
9. **Government:** How many electors are in the U.S. Electoral College?
10. **Inventions:** Where was inventor Alexander Graham Bell born?

TRIVIA ANSWERS

1. Hydrogen 2. Excalibur 3. Jupiter with at least 67 4. South Dakota 5. Copper and tin 6. 10 points 7. Honolulu 8. More than 24 9. 538 10. Scotland

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

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*RS 4/29 CC TFN

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WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.
*RS 8/5 CC TFN

PRIME OFFICE SPACE

700 square feet at 1619 Periwinkle Way. Immediate Occupancy. Call Joe Gil 516-972-2883 or 800-592-0009.
*RS 4/7 CC TFN

SEEKING LEASE

SEEKING COMMERCIAL LEASE

Licensed Professional (Sanibel resident) seeks 800+ sq ft commercial office space for long term lease (or purchase). Please respond to: sankatslc@gmail.com
10/27 * 11/17

SEASONAL RENTAL

RE/MAX OF THE ISLANDS

Putting owners and tenants together
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239-472-2311
*RS 1/23 BM TFN

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PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511
*RS 1/4 CC TFN

ANNUAL RENTAL

ANNUAL RENTAL

SANIBEL

Lake Front: This peaceful location is true Island Living. Close to everything. This beautiful updated, UF, piling home offers 3 BR/2½ BA, separate laundry room, bamboo floors, lg. scr. porch, 2 car garage + xtra parking. \$2,500/mo.

Directly Across from Beach: This custom UF piling home Offers 3BR/2 BA, two floors of living. Custom wood floors throughout, all 'High End' appliances, separate bar, master suite top floor and home has 3 car garage + storage. \$4,250/mo.

FORT MYERS

Close to Beaches: This 2/2 UF condo. fresh paint, new carpet, large screen porch view of lake. Gated community. \$1,300/mo.

Minutes to Sanibel: This fully furnished, 3/2½ Villa offers 2 living levels, vaulted ceiling/ skylights, 2 car garage, + pool and tennis, in this riverside gated community. \$2,100/mo.

Please call for details
472-6747
Gulf Beach Properties, Inc.
Helping People Become Islanders for over 35 years!
The Island Experience!
11/3 * TFN

RENTAL WANTED

NEED APARTMENT FOR RENT

Looking for small apartment or efficiency pet friendly for seasonal rental for working lady
Excellent references 207-350-6245
10/27 * 11/10

SERVICES OFFERED

NATURAL HOME CLEANING

Optimize your health and home
Utilizing hydrogen peroxide, fresh citrus, b. soda and Suds.
Sonya @ 239-246-7007.
5/26 * TFN

COMPANION/CAREGIVER

Are you considering a companion/caregiver for your loved one? I am a local resident with experience and references. I Can multi-task but 1st and foremost is to be a Loving Caring companion to your loved one!
Call me is you are considering a helping hand for your family.
239-994-1097.
10/27 * 11/3

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& MISC. SERVICES
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SANIBEL & LEE COUNTY
EXCELLENT REFERENCES
CALL RON @ 239-463-4227
*RS 10/27 CC 11/17

WORK WANTED

Caregiver looking for work on Sanibel. Part or full time. Also front desk position. Experience and excellent references. Contact sunmoon2411@yahoo.com or 207-350-6245
10/27 * 11/10

TUTOR

Retired New Trier Teacher wants to tutor Chemistry.
847-508-0428.
*RS 10/27 CC 11/3

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*NS 1/4 PC TFN

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9/29 * TFN

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Aqualink - Motor Controls.
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*RS 6/7 CC TFN

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Call for more information
cellular: 561-509-4491
home: 239-963-8449
10/20 * TFN

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Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
*RS 1/25 BM TFN

HELP WANTED

SANIBEL HOME FURNISHINGS

Seeks a friendly, energetic, well spoken sales person to join our team. P/T, some Saturdays required. Please email resume to mysanibelresume@gmail.com
11/3 * 11/10

SANIBEL COMMUNITY CHURCH HELP WANTED

Receptionist/Secretary to work Monday through Thursday 32 hours a week. Must have experience in Microsoft Excel, Word, and Publisher. Please send resumé to shelton@sanibelchurch.com.
11/3 * TFN

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday.
If interested call and ask for John, Norm Sarah 472-9300.
1700 Periwinkle Way
*NS 5/6 BM TFN

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Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800
*RS 1/4 NC TFN

LOST/FOUND

LOST - SILVER NECKLACE

Silver necklace with a large horse conch charm. Lost in early October in the area of the Lighthouse Beach parking lot.
Reward offered.
Email jr770ga@aol.com.
10/27 * 11/10

FOR SALE

FOR SALE



Pub table with four chairs. Great condition. \$150.
Call 239-265-0840 and leave message.
11/3 * TFN

GARAGE SALE

GARAGE SALE

Saturday, November 4, 2017 from 9 a.m. to 4 p.m. at 1010 Kings Crown Drive, Sanibel. We have furniture such as day bed with pop-up trundle bed, Queen frame and other pieces. TV, bikes, kitchen items and more.
11/3 * 11/3

To advertise in the
Island Sun
and
The River
Weekly News
Call 395-1213

PETS OF THE WEEK

Lee County Domestic Animal Services

Captain Jack And Tommy

Hello, my name is Captain Jack. I am your typical lap dog. I'm a 3-year-old male terrier mix who is perfectly content to just hang around there all day. I'm a great passenger for car rides as well. I have an old injury to my eye that has scarred over, but this has not dampened my spirit or lovability!

My adoption fee is \$30.

Hi, I'm Tommy. I'm a 2-year-old male domestic shorthair whose story is a sad one for sure. My owner recently passed away and I am just lost here at the shelter. Our wonderful volunteers are trying to bring me out of my shell, but I yearn to be back in the comfort of a home. I am a beautiful boy that has been obviously well fed. I am very sweet and am waiting to find someone to love.

My adoption fee is \$30.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations,

rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

Haven on Earth Animal League

Ginzee And Pumpkin Spice Latte

Hi, I'm Ginzee. I'm only 6 months old and look how cute I am. I have big golden eyes and a little pink nose. I'm neutered and up to date on all vaccinations. I'm currently staying at Petco at Gulf Coast Town Center. Come adopt me so I don't have to stay in this cage – and maybe adopt a friend for me too. My adoption fee is \$100.

Hello, I'm Pumpkin Spice Latte. I am just adorable. Look at my cute little face – just imagine me looking up at you. My name is perfect for the upcoming fall season. I'm neutered and up to date on all vaccines. I'm staying at Petco at Gulf Coast Town Center and dreaming of my new forever home. My adoption fee is \$125. Come adopt me and take me home – and maybe adopt a friend for me too.

We are being cared for by Haven on Earth Animal League. For more information, call

Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

Hurricane Kittens Have New Homes

All but one female kitten from a litter of Hurricane Irma kittens now have forever homes. Eric and Holly Milbrandt (SCCF and City of Sanibel, Natural Resources) couldn't pick just one, so they picked one of each. Eric is holding the female, and Holly is holding the male. Very happy family. Their smiles say it all. Can't wait to hear their new names.

If you're interested in a cat or kitten, contact Pam at 472-4823. Also, if you're interested in helping PAWS, submit your name, number and email address to sanibelcat@embarqmail.com. People are needed for a variety of chores like distributing and picking up PAWS donation boxes, transporting animals to the vet, fostering animals, making and hanging posters of stray and abandoned animals that need homes, and helping with miscellaneous things that come up from time to time. Help was needed during Hurricane Irma evacuation with 22 critters and all their needs that had to be moved to a warehouse in Fort Myers. If you can be on a call list that would be great.*

From page 27

Donor Match

community, with the shelter holding its own free food pantry for pickup, as well as delivering a van load of food donations

to area community centers and food pantries.

To offer a monetary donation, go to GCHS' website at www.gulfcoasthumanesociety.org. Donations can also be mailed to: Hurricane Donations, c/o Gulf Coast Humane Society, 2010 Arcadia Street, Fort Myers, FL 33916.*

Lung Cancer Awareness Events

According to the Healthy Lee Community Health Needs Assessment, lung cancer is the leading cause of death in Lee County. To help raise awareness of the prevention and treatment of lung cancer, Lee Health has two events planned for November.

Clear the Air with Lung Cancer Prevention will be held at Healthy Life Center at Coconut Point, 23190 Fashion Drive, Suite 105, in Estero on Saturday, November 4, from 11 a.m. to 1 p.m.

The event will feature Dr. Raymond Santucci, pulmonologist with Pulmonary, Critical Care and Sleep Medicine Specialists of SW Florida, who will discuss the causes and diagnostic process of lung cancer; Dr. Randall Buss, a cardiothoracic surgeon with Shipley Cardiothoracic Center who will discuss the surgical treatment of lung cancer; Dr. Anita Arnold, Lee Physician Group cardio-oncologist, who will discuss the evaluation of cardiac needs of patients prior to and after cancer treatment; and Dr. Keith Miller, a radiation oncologist with 21st Century Oncology, who will discuss screening and radiation treatment.

For more information or to register to attend, call 495-4475.

Lung Cancer Awareness Health Fair will be held at Regional Cancer Center, 8931 Colonial Center Drive, in Fort Myers on Tuesday, November 7, from 11 a.m. to 1 p.m.

This inaugural event is for lung cancer patients, survivors, health care employees and the community. There will be valuable education about prevention, as well as information and resources for treating and surviving lung cancer.

For more information, call 343-9500.*



Captain Jack ID# 715391
photos provided



Tommy ID# 643833



Ginzee
photos provided



Pumpkin Spice Latte



Eric Milbrandt
photos provided



Holly Milbrandt

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
McPhie Park	Fort Myers Beach	1968	2,113	\$2,200,000	\$2,000,000	24
Palmetto Point	Fort Myers	2017	3,435	\$2,195,000	\$2,019,307	142
McPhie Park	Fort Myers Beach	2004	3,169	\$1,099,900	\$1,005,000	72
Beachview Country Club Estates	Sanibel	1995	2,495	\$929,000	\$900,000	147
Cape Coral	Cape Coral	1974	1,983	\$779,000	\$745,000	23
Woodlake at Bonita Bay	Bonita Springs	1986	3,805	\$729,900	\$701,000	8
The Vines	Estero	1994	4,037	\$699,000	\$658,200	125
Cape Coral	Cape Coral	1976	2,994	\$699,000	\$640,000	61
Venetian Gardens	Fort Myers Beach	1976	1,737	\$659,000	\$620,000	20
McGregor Isles	Fort Myers	1960	1,952	\$644,000	\$625,000	144



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Sanibel Island



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Captiva Island



South Seas Island Resort
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